St Colman & St Paul Catholic Community, Cosham and Paulsgrove

Jesus Prince of Peace South East Hampshire Parish Area

The Catholic Diocese of Portsmouth

Bringing people closer to Jesus Christ through His Church



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www.portsmouthdiocese.org.uk/parish/st-colman-and-st-paul/

Community Pastor: Fr Oliver Ezeani

Parish Administrator: Mrs Zia Collins

Local Parish Office: The Presbytery, St Colman's Avenue, Cosham PO6 2JJ

Sunday 15th November 2026: Thirty-third Sunday in Ordinary Time

When we become prisoners of our own limitations…

At the heart of learned helplessness is the belief that nothing I do will ever change my condition. It is a psychological behaviour that describes a situation in which a person after experiencing bouts of difficulties, failure or disappointments, believes that his or her condition will never change. It is seen when one loses confidence in his or her abilities and stops trying even when there are available opportunities. For such persons trying is pointless.

This behaviour is clearly seen in the attitude of the third servant in the parable of the talent. Entrusted with one talent, rather than put it to work, he buried it and even accused his master of reaping where he did not sow. Rather than recognising the opportunity given to him like the other servant, he became afraid of trying and convinced himself to do nothing. Though he received something valuable, yet he behaved as though he had nothing and could do nothing with it and even painted himself as a victim of his master's unfairness. This attitude is often seen in our families, workplace, church and society at large where we emphasize any obstacle that prevents us from making genuine effort. The gospel therefore invites you to do something with what you have and with the opportunities available. Do not say, when I have more money, more time, more opportunity before you can do good. Do good today with the little you have, because a talent hidden is a talent wasted but a talent shared becomes a blessing to others.

Times of Mass this week				Mass intentions
Saturday 14 November	6pm	St Colman	Sunday 33	Win & Tom Cummings
Sunday 15 November *Holy Hour for Vocations:* *5 – 6pm St Colman*	9:30am	St Colman	Sunday 33	Frank Coleman & Stella & Michael Forde RIP
	11.30am	Our Lady & St Paul	Sunday 33	Mary Ann White
	4pm Hospital Chapel		Sunday 33	QA Hospital Mass
Monday 16 November *Adoration 9am – 5pm St C*	12:30pm	Hospital Chapel	St Edmund of Abingdon	FM Win Bearman
Tuesday 17 November	9am	St Colman	St Hilda	FM Charles & Joseph Collins
Friday 20 November	6:30pm	St Colman	Feria	Julia Keetley RIP
Saturday 21 November	6pm	St Colman	Our Lord Jesus Christ, King of the Universe	Masoud & his Family
Sunday 22 November *Holy Hour for Vocations:* *5 – 6pm St Colman*	9:30am	St Colman	Our Lord Jesus Christ, King of the Universe	Deceased Members of St Colman's Community
	11:30am	Our Lady & St Paul	Our Lord Jesus Christ, King of the Universe	John Joseph Cummings
	4pm Hospital Chapel		Our Lord Jesus Christ, King of the Universe	QA Hospital Mass
Sacrament of Reconciliation: Saturday 5.30pm at St Colman's Church				

South East Hampshire Pastoral Area: https://portsmouthdiocese.org.uk/parish/havant-pastoral-area/

Area Pastor: Fr Andrew Wagstaff (resident at Sacred Heart Waterlooville)

Priests' Retirement Fund

This weekend the **14/15 November**, we will hold our first **Second Collection for the Priests' Retirement Fund**. This is an opportunity to support the priests who have faithfully served our parishes and communities throughout their lives. After decades of ministry, our retired priests deserve the security of knowing that the care and support they may need in later life will always be available. Your donation will help ensure that they can live with dignity and peace of mind in retirement.

Donation envelopes are available with the newsletters at all Masses this weekend. You can also give using the **Dona contactless terminal** in church by selecting **Priests' Retirement Fund Second Collection**. If you would like to support the Fund on an ongoing basis, regular gifts by Direct Debit or standing order are especially valuable. To make a regular or one-off donation, and to read more about the Fund, please visit: www.portsmouthdiocese.org.uk/support-our-work/priests-retirement-fund-2 . There you can read Bishop Philip's message about the importance of supporting our retired priests and hear Fr John Nelson, Chair of the Priests' Retirement Fund Committee, explain how the Fund helps those who have dedicated their lives to serving Christ's Church. Our retired priests remain a valued part of our Church family. Just as we would support our own loved ones in later life, we are invited to care for those who have cared for us. Please support this appeal as generously as you can.

Thirty-third Sunday in Ordinary Time – November 8, 2026

"Well done, my good and faithful servant. Since you were faithful in small matters, I will give you great responsibilities."

Could God be calling you to a life of prayerful witness, where your faithful service bears fruit for countless souls?

Talk to your priest or contact Cn. John Cooke.

vocations@portsmouthdiocese.org.uk or call 01329 318 869

Lay Leaders Conference – Saturday 21 November

Inspired by our ten-year Mission Plan, You Will Be My Witnesses, the Lay Conference will take place on Saturday 21 November at the Solent Hotel, Whiteley near Southampton and run from 9.00am to 3.30pm. It will offer an opportunity to share experiences, explore fresh ideas and consider how clergy and laity can work together to strengthen our parishes and bring more people to know Jesus Christ. As we look to the future of our Diocese, we want as many people as possible to be part of this important conversation.

Whether you are involved with liturgy, catechesis, pastoral councils, outreach or any other aspect of parish life, this conference is for you. Please see the flyer on the church noticeboard with details of how to book.

Do You Have Old Spectacles?

If you would like to donate your old spectacles to those in developing countries of the world, please bring them to the Parish Office. Maureen Graham, a parishioner in Horndean is kindly collecting them to send to give people the gift of better vision. The appeal is going very well; Maureen said she has already sent 167 pairs, has another 111 pairs ready to go and has three more bags around the Parish (including ours) that are being added to daily.

Many thanks to all who have donated their old specs already!

Enquiries, appointments and hall bookings:
Parish Office opening hours: 9:30am – 1:30pm Monday – Thursday
02392 376151 scsp@portsmouthdiocese.org.uk 07555 182118

Parish Safeguarding Ministers:
Juliette Diamond (St Colman): safeguarding.porsc.sc@portsmouthdiocese.org.uk
Fiona Dreelan (St Paul): safeguarding.porsc.sp@portsmouthdiocese.org.uk

Thank you for your donations!
You can donate directly into the parish bank account: CDP P'mouth St Colman: account number 00884554; sort code 30 93 04; reference "offertory donation".
Gift aid: UK taxpayers can give and extra 25p per £1 at no extra cost to you; please direct gift aid enquiries to Lesley Kilby via the parish office: scsp@portsmouthdiocese.org.uk

NB That with immediate effect, we are no longer able to accept cheques – many thanks

St Colman's Christmas Fair
This year our **Christmas Fair** will be held on **Saturday 5th December from 12-3pm** in St Colman's Hall. Come along & meet Father Christmas in his grotto, win a raffle prize and eat delicious Christmas foods. If you are able to make a donation of a bottle for the Bottle Tombola or a prize for the Raffle, it would be most appreciated.

ST COLMAN'S FEAST DAY CELEBRATION!
Please join us for a celebration to mark the **Feast Day of St Colman of Cloyne** at 7pm (after the Vigil Mass) on **Saturday 21st November** in St Colman's Hall. It will be an 'American Supper', so please bring a plate of food to share – a great occasion to come together socially. Welcome drink on arrival. Everyone welcome! Food may be brought to the hall either before of after the 6pm Vigil Mass.

If you would be able to help with the setting up of the tables and chairs, please meet Zia and Juliette in the hall at 4.30pm. Your help will be greatly appreciated.

WOULD YOU BE ABLE TO HELP US PLEASE?
Do you enjoy flower arranging? If so, please consider joining the Flower Arranging Team at St Colman's.
Are you able to spare two hours per month? The Church Cleaning Teams would be very happy to receive your help if you are. Please contact Zia in the Parish Office if you are interested. Thank you to those who have already volunteered their help.

STELLA MARIS have issued a Christmas Appeal for Chocolate Gifts to give as presents to the seafarers visiting the ports over Christmas. Suggested gifts are tubs of chocolates or packs of chocolate bars. These may be left with Zia in the Parish Office. Many thanks.

The Sanctuary Lamp burns constantly before the **Tabernacle**: this week it is sponsored by Smitha for all Holy Souls.
The Sanctuary Lamp by The Sacred Heart is this week sponsored by Maureen Smeeth for Valerie Bishop RIP & deceased members of the Bishop and Ford families.

Of your charity, please pray:

- For our friends and neighbours: Kana Blyth, Elizabeth Christian, Christine, Tommy Cooper, John Cox, Pauline Crook, Billy Cryer, Jean Gartshore, Bob Guy, Janet, Dawn Marie, Sajimon Mathew, Paula Medd, Phoenix, Valerie O'Donnell, Maureen Smeeth, Verena, Heather Webber, Margaret Wells, Dee World.
- For patients in the Queen Alexandra Hospital and for residents in the care homes and nursing homes in our parish: Kinross, The Haven, Hamilton House, and Cosham Court.
- For St Paul's Primary School and Oaklands Catholic School: the staff, governors, children, parents and families.
- For the souls of the faithful departed: especially Anne Buckler, who died recently, may they rest in peace. Please remember Anne & her family in your prayers.