St Colman & St Paul Catholic Community, Cosham and Paulsgrove

Jesus Prince of Peace South East Hampshire Parish Area

The Catholic Diocese of Portsmouth

Bringing people closer to Jesus Christ through His Church



02392 376151 scsp@portsmouthdiocese.org.uk 07555 182118

www.portsmouthdiocese.org.uk/parish/st-colman-and-st-paul/

Community Pastor: Fr Oliver Ezeani

Parish Administrator: Mrs Zia Collins

Local Parish Office: The Presbytery, St Colman's Avenue, Cosham PO6 2JJ

Sunday 1st November 2026 : Feast of All Saints

Holiness is possible…

Naturally we all have an innate desire to live meaningful lives, to be accepted, to love and be loved. But behind these desires, are fears, insecurities, disappointments, conflicts, habits that we struggle to change. No wonder we react with anger when we intend to be loving, we feel resentful when we intend to forgive, we become anxious and defensive when we intend to be peaceful and humble. This discourages us to think that we are not capable of genuine transformation or that holiness is impossible, creating a gap between the person we want to become and person we find ourselves to be.

The saints remind us that Holiness is not the absence of struggle, does not begin when we have overcome all our weaknesses. It is not measured by the intensity of our prayers or in number of religious activities. The saints do not tell us that holiness is easy, but that it is possible by God's grace. Theirs is not holiness without weakness, nor without tears or without daily struggles rather the holiness of a heart that keeps returning to God. It is the holiness of love found in human struggles and failures. The saints remind us that holiness has many faces, it is the patience of parents, the fidelity of spouses, the service of caregivers, the integrity of workers, the prayer of the sick, the elderly and the lonely. The solemnity of all saints invites us to contemplate countless men and women who allowed God's grace to transform their lives. The call to holiness is demanding, it challenges us to change, resist sin, grow in charity and to forgive yet, it does not demand that we become superhuman rather to allow God to meet us where we are and to work patiently in our lives.

Times of Mass this week				Mass intentions
Saturday 31 October	6pm	St Colman	All Saints	Maximus Almeida RIP
Sunday 1 November *Holy Hour for Vocations: 5 – 6pm St Colman*	9:30am	St Colman	All Saints	George & Grace Roach
	11.30am	Our Lady & St Paul	All Saints	Priests, Nuns & Religious
	4pm Hospital Chapel		All Saints	QA Hospital Mass
Monday 2 November *Adoration 9am – 5pm St C*	**9am**	**St Colman**	**Feast of All Souls**	Holy Souls
Monday 2 November *Adoration 9am – 5pm St C*	12:30pm	Hospital Chapel	**Feast of All Souls**	John & Mary McNulty RIP
Monday 2 November	**6pm**	**St Colman**	**Feast of All Souls**	Holy Souls
Tuesday 3 November	9am	St Colman	St Martin de Porres	Foundation Mass for Michael Pragnell RIP
Friday 6 November	6:30pm	St Colman	Feria	Cherian Puthenkalam
Saturday 7 November	6pm	St Colman	Sunday 32	Holy Souls
Sunday 8 November	9:30am	St Colman	Sunday 32	Deceased Family Members – Almeida Family
	11:30am	Our Lady & St Paul	Sunday 32	John Joseph Cumings
Holy Hour for Vocations: 5 – 6pm St Colman	4pm Hospital Chapel		Sunday 32	QA Hospital Mass
Sacrament of Reconciliation: Saturday 5.30pm at St Colman's Church				

South East Hampshire Pastoral Area: https://portsmouthdiocese.org.uk/parish/havant-pastoral-area/

Area Pastor: Fr Andrew Wagstaff (resident at Sacred Heart Waterlooville)

All Saints - November 1, 2026

"Blessed are the poor in spirit, for theirs is the kingdom of heaven." The saints show us that true joy and freedom come from placing God above all else. Their lives remind us that holiness often begins in simplicity and humility, responding generously to God's call. We pray for more men and women to courageously follow Him, discerning a life as a priest, religious brother or sister. Could God be inviting you to join in this holy witness? Talk to your priest or contact Cn. John Cooke. vocations@portsmouthdiocese.org.uk or call 01329 318 869

Dates for Your Diary!

The Friendship Club meets at 2pm this coming **Friday 6th November** in St Colman's Hall. Come along & enjoy sandwiches, tea & cake. All welcome.

Please join us for a celebration to mark the **Feast Day of St Colman of Cloyne** at 7pm (after the Vigil Mass) **Saturday 21st November** in St Colman's Hall. It will be an 'American Supper', so please bring a plate of food to share – a great occasion to come together socially. Everyone welcome!

Also please note that our **Christmas Fair** will be held on **Saturday 5th December** from 12-3pm in St Colman's Hall. If you have any donations, especially bottles or suitable raffle prizes, please bring them to the Parish Office. If you wish to book a table to sell your wares, please contact Zia in the Parish Office.

Do You Have Old Spectacles? A message from Maureen Graham, Parishioner, Horndean:-

Thank you to everyone who has so far donated spectacles to the Developing Countries of the World.

I have taken 167 pairs so far and looking in the boot of my car have another large number to take. Please keep them coming.

Our small act of kindness will give those unable to access spectacles new vision.

May God bless you all.

Any unwanted spectacles may be left with Zia in the Parish Office.

Lay Leaders Conference - Saturday 21 November

Inspired by our ten-year Mission Plan, *You Will Be My Witnesses,* the Lay Leaders Conference will take place on Saturday 21 November the Solent Hotel Whiteley near Southampton and run from 9.00am to 3.30pm. It will offer an opportunity to share experiences, explore fresh ideas and consider how clergy and laity can work together to strengthen our parishes and bring more people to know Jesus Christ. As we look to the future of our Diocese, we want as many people as possible to be part of this important conversation.

Whether you are involved with liturgy, catechesis, pastoral councils, outreach or any other aspect of parish life, this conference is for you. Please see the flyer on the church noticeboard with details of how to book.

Enquiries, appointments and hall bookings:
Parish Office opening hours: 9:30am – 1:30pm Monday – Thursday
02392 376151 scsp@portsmouthdiocese.org.uk 07555 182118

Parish Safeguarding Ministers:
Juliette Diamond (St Colman): safeguarding.porsc.sc@portsmouthdiocese.org.uk
Fiona Dreelan (St Paul): safeguarding.porsc.sp@portsmouthdiocese.org.uk

Thank you for your donations!
You can donate directly into the parish bank account: CDP P'mouth St Colman: account number 00884554; sort code 30 93 04; reference "offertory donation".
Gift aid: UK taxpayers can give and extra 25p per £1 at no extra cost to you; please direct gift aid enquiries to Lesley Kilby via the parish office: scsp@portsmouthdiocese.org.uk

NB That with immediate effect, we are no longer able to accept cheques – many thanks
We also kindly ask – no foreign currency please

There will be a retiring collection this weekend 31 Oct/1 Nov for **Bamenda**
Envelopes may be collected from the back of the Church if required

On **Monday 2nd November 2026** there will be two Masses offered at St Colman's for **All Souls – 9am and 6pm**

Also, at the back of the churches this weekend (both at St Colman's and St Paul's) you will find sheets to add the names of your departed loved ones to be prayed for at these Masses.

WOULD YOU BE ABLE TO HELP US PLEASE?
Do you enjoy flower arranging? If so, please consider joining the Flower Arranging Team at St Colman's.
Are you able to spare two hours per month? The Church Cleaning Teams would be very happy to receive your help if you are. Please contact Zia in the Parish Office if you are interested.

A big thank you to everyone involved in organising last week's cake sale for CAFOD and for everyone's generosity buying cakes. It raised a splendid £159.70 bringing our total sent to CAFOD this year to £561.69

The Sanctuary Lamp burns constantly before the **Tabernacle**: this week it is offered for the intentions of the Mathew Family.
The Sanctuary Lamp by The Sacred Heart is sponsored by Maureen Smeeth for Fr Andrew and the Parish of Jesus Prince of Peace.

Of your charity, please pray:

- For our friends and neighbours: Kana Blyth, Elizabeth Christian, Christine, Tommy Cooper, John Cox, Pauline Crook, Billy Cryer, Jean Gartshore, Bob Guy, Janet, Dawn Marie, Sajimon Mathew, Paula Medd, Phoenix, Valerie O'Donnell, Maureen Smeeth, Verena, Heather Webber, Margaret Wells, Dee World.
- For patients in the Queen Alexandra Hospital and for residents in the care homes and nursing homes in our parish: Kinross, The Haven, Hamilton House, and Cosham Court.
- For St Paul's Primary School and Oaklands Catholic School: the staff, governors, children, parents and families.
- For the souls of the faithful departed: may they rest in peace.