

ST COLMAN & ST PAUL CATHOLIC COMMUNITY, COSHAM AND PAULSGROVE

JESUS PRINCE OF PEACE SOUTH EAST HAMPSHIRE PASTORAL AREA

The Catholic Diocese of Portsmouth
Bringing people closer to Jesus Christ through His Church



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www.portsmouthdiocese.org.uk/parish/st-colman-and-st-paul/

Priest in charge: Fr Andrew Wagstaff

Parish Administrator: Mrs Zia Collins

Local Parish Office: The Presbytery, St Colman's Avenue, Cosham PO6 2JJ

Sunday 9 August 2026 : Nineteenth Sunday of the Year

Both the Prophet Elijah in our first reading this Sunday (1 Kings 19) and Simon Peter in our Gospel (Matthew 14:22-33) experience a kind of sensory overload through which they have to listen for the voice of the Lord. For Elijah, the earthquake, wind and fire correlate with the turbulence of his flight from Ahab and Jezebel, overwhelmed by a fear as strong as the courage he showed on Mount Carmel. For Simon Peter and the other disciples, they are having to process a torrent of new information about their rabbi Jesus, while battling a strong wind at night on the sea of Galilee, when to cap it all they think they see a ghost that can walk on water. It is only by reaching deep into their souls that Elijah, Peter and the disciples are able to find enough peace to listen to what the Lord is actually saying: "Take heart, it is I, do not be afraid!" With just a "little faith" Simon Peter is able to get out of the boat and walk on the water; more importantly, he is able to pray when things start to go wrong: "Lord, save me". The quality of our relationship with God depends on whether we allow the turbulence of our sensory and emotional worlds to dictate our priorities or, like Elijah and Simon Peter, can draw on what we know to be true: that our deepest identity is defined by the love of God for us.

Times of Mass this week				Mass intentions
Saturday 8 August 7pm Film Night	6pm	St Colman	Sunday 19	Mary Ann White
Sunday 9 August Confirmation at 09:30 Mass Holy Hour for Vocations: 5 – 6pm St Colman	9:30am	St Colman	Sunday 19	Private intention
	11:30am	Our Lady & St Paul	Sunday 19	Pro Populo
	4pm Hospital Chapel		Sunday 19	QA Hospital Mass
Monday 10 August Adoration 9am – 5pm	12:30pm	Hospital Chapel	St Laurence	Mark Litrizza (FM) (QA Hospital Mass)
Tuesday 11 August	9am	St Colman	St Clare	For Priests
Wednesday 12 August	7:30am	St Colman	St Jane Frances	Family and friends of Celia Cummings
Friday 14 August RCIA 5pm St C's Presbytery	6:30pm	St Colman	St Maximilian Kolbe	John Joseph Cummings
Saturday 15 August	6pm	St Colman	Assumption Vigil	Sosamma Mathew RIP
Sunday 16 August LADY DAY IN AUGUST Holy Hour for Vocations: 5 – 6pm St Colman	9:30am	St Colman	Assumption	Andrew Mathew ints
	11:30am	Our Lady & St Paul	Assumption	Pro Populo
	4pm Hospital Chapel		Assumption	QA Hospital Mass

Enquiries, appointments and hall bookings:
Parish Office opening hours: 9:30am – 1:30pm Monday – Thursday
02392 376151 scsp@portsmouthdiocese.org.uk 07555 182118

Parish Safeguarding Ministers:
Juliette Diamond (St Colman): safeguarding.porsc.sc@portsmouthdiocese.org.uk
Fiona Dreelan (St Paul): safeguarding.porsc.sp@portsmouthdiocese.org.uk

Thank you for your donations!
You can donate directly into the parish bank account: CDP P'mouth St Colman:
account number 00884554; sort code 30 93 04; reference "offertory donation".
Gift aid: UK taxpayers can give an extra 25p per £1 at no extra cost to you; please direct
gift aid enquiries to Lesley Kilby via the parish office: scsp@portsmouthdiocese.org.uk

Welcome to ChurchSuite – Online Parishioner Registration Database

The parish is now using a new system called ChurchSuite, to manage our parishioner database. To do this we need to renew all the information we hold about parishioners. To ensure you remain registered as a parishioner and to continue to receive communications from the parish, please make sure you have filled out a new Registration Form. There is a separate adult and child registration form. If you do not have access to the internet, pop into the parish office and we will be happy to upload your details.

The **Adult Registration Form**: use the top QR code or go to:
<https://catholicdioceseofportsmouth.churchsuite.com/-/forms/ngzjrmr1>

The **Child Registration Form**: use the second QR code or go to:
<https://catholicdioceseofportsmouth.churchsuite.com/-/forms/Oh3dnrqd>



Film Night Saturday 8 August 7pm
We will be showing the film *Letters to Father Jacob* (75 minutes) in St Colman's Hall straight after the Saturday evening vigil Mass. Tea, coffee and popcorn are available.

Check the **lost property box** in St Colman's porch: is there anything of yours in there?

Sacrament of Reconciliation:
Saturday 5:30pm at St Colman's Church.

Formation in Spiritual Theology: please see the poster in the church porch about courses on offer from Claritas Theology.

Thank you for your generosity to last Sunday's second collection: we raised £438.50 to help Father James in America.

The Sanctuary Lamp burns constantly before the Tabernacle: it is sponsored this week by Simi Simon for Michaela.

Of your charity, please pray:

- For our friends and neighbours: Kana Blyth, Elizabeth Christian, Christine, Tommy Cooper, John Cox, Pauline Crook, Billy Cryer, Jean Gartshore, Bob Guy, Janet, Dawn Marie, Sajimon Mathew, Paula Medd, Phoenix, Valerie O'Donnell, Maureen Smeeth, Verena, Heather Webber, Dee World.
- For patients in the Queen Alexandra Hospital and for residents in the care homes and nursing homes in our parish: Kinross, The Haven, Hamilton House, and Cosham Court.
- For St Paul's Primary School and Oaklands Catholic School: the staff, governors, children, parents and families.
- For the souls of the faithful departed: may they rest in peace.