



St Vincent de Paul Catholic Church
Aldermoor Close, Coxford Road, Lordswood, Southampton,
Hampshire SO16 5ST **Office: 07887452313**

Parish Priest: Fr Thomas Parakandathil tparakandathil@portsmouthdiocese.org.uk
Parish Administrator: Lina Maria Speigal email: svpoffice@portsmouthdiocese.org.uk
Newsletter editor: Malcolm Forster email: malcolmandrita@btinternet.com
Safeguarding Officer Liz Challand safeguarding.sousv@portsmouthdiocese.org.uk

Parish Administrator Lina Maria is available preferably by email on in emergency by the office telephone on Thursdays
Website: [https://www.portsmouthdiocese.org.uk/paof the rish/st-vincent-de-paul/](https://www.portsmouthdiocese.org.uk/paof%20the%20rish/st-vincent-de-paul/) (To open: Select link then Ctrl + left Click)

Eighteenth Sunday in Ordinary Time Sunday 2nd August 2026 This is my 500th newsletter

Page 111	Isaiah 55: 1-3	Romans 8: 35, 37-39	Gospel Matthew 14: 13-27
The readings this weekend brings together a message of trust and hope. God's love is constant, generous and always near. We are invited to receive His gifts and to share them with others. In every reading the focus is on God's abundance and His promise to give life. They encourage us to rely on Him and trust in His care and how we respond to His gifts. In the first reading from the Book of Isaiah God calls His people to return to Him with trust. The passage offers a free gift of food and drink, pointing to God's abundant mercy. It shows that true life comes from God's word and covenant, not from earthly wealth or power. Isaiah often speaks of renewal and hope for people in exile and God's promise to David and Israel. The second reading from St Paul's letter to the Christian community in Rome is about salvation in Christ and life in the Spirit. Paul declares that nothing can separate us from God's love. Even suffering, persecution or death cannot break the bond with Christ. The message of Roman's is that God's love is revealed in Jesus and offered to all and highlights the victory of faith. In Matthew's Gospel we witness Jesus learning about the death of John the Baptist and how he wants to go to a quiet place on His own. He is feeling the sadness of losing His cousin whom He knew and loved from a young age. However the crowd followed Him so Jesus reaches out to them in compassion and heals the sick. The disciples want to send the crowd away but Jesus asks them to find food and performs the famous miracle. Later the Eucharist which will be given to nourish our souls.			

Mass times

Feast Days

6pm: Confessions 6.30pm Vigil Mass 20th Birthday of Ryan	Saturday 1st August St Æthelwold of Winchester Born in Winchester between 904 and 909. Courtier and companion to King Athelstan. Ordained a priest by the Bishop of Winchester at the same time as the bishop's nephew, Dunstan. So started a great friendship. He studied in Winchester. Became a monk at Glastonbury Abbey where Dunstan was abbot. Abbot of Abingdon monastery where he established Benedictine Rule and discipline reforms copied from French monasteries. In 955 the new 16 year old King Eadwig who had very bad morals, exiled Dunstan, by then Bishop of London, to France. Abbot Æthelwold became one of his advisors to try to control the king's accesses. King Eadwig died after 4 years and his brother King Edgar, who had been taught as a boy by Abbot Æthelwold, succeeded him. Dunstan returned from exile and was made Archbishop of Canterbury. Abbot Æthelwold helped the king with many of the charters of the time. In 963 Archbishop Dunstan consecrated him Bishop of Winchester. Again carried out reforms replacing clerics by monks from Abingdon. Founded a nunnery in Winchester and many monasteries elsewhere. Had strong support from King Edgar and his Queen Ælfthryth for his establishing of the Rule of St Benedict. King Edgar died; succeeded by King Edward his son by a former marriage. Queen Ælfthryth wanted her son Ethelred to be king. 3 years later King Edward the Martyr was murdered in Corfe Castle in Dorset, most likely the victim of his step-mother Queen Ælfthryth. Bishop Æthelwold personal skill helped build a large church organ at Winchester. He was a skilled as a goldsmith and metalworker, producing many precious items. Also a skilled bell founder. He rebuilt the Old Minster, and named it after St Swithun. In 971 he moved St Swithun's relics into the new cathedral and it rained for 40 days.
---	---

9.30 am Mass

Sunday 2nd August

Eighteenth Sunday in Ordinary Time

6.30 pm Mass	Monday 3rd St Waltheof of Melrose Born about 1095 in Huntingdon, Cambridgeshire, second son to 1st Earl of Northampton. His mother Maud, second Countess of Huntingdon, was related to William the Conqueror. When his father died his mother, encouraged by King Henry I, went to Scotland and married King David I. Waltheof followed his mother to Scotland and joined the royal court where he met St Aelred who was master of the royal household at the time and had a great influence on him. Waltheof decided to be a religious and joined the regular canons of St Augustine at their monastery at Nostell near Pontefract, Yorkshire. He was soon made Prior of nearby Kirkham monastery. However he was attracted by the life and vigour of the Cistercians as his friend St Aelred was Abbot of Rievaulx Abbey. He joined the Cistercians at Warden in Bedfordshire and found life excessively severe and austere. After 4 years he was chosen to be Abbot of Melrose Abbey back in Scotland south of Edinburgh. He was then chosen as Archbishop of St Andrews which he did not really want but eventually accepted. He died in Melrose Abbey on 3rd August 1160 aged 65.
----------------------------	--

10 am Mass
Trevor Delves RIP
(Would have been
his 90th birthday)

Tuesday 4th St John Vianney, Curé d'Ars Born 1786 in France, 3 years before the start of the French Revolution, to a peasant family. Family had to travel to distant farms to attend Mass in secret during anticlerical phase of the Revolution. In 1802 Napoleon re-established Catholic Church. John started his advanced education lost during troubles, aiming to be a priest. Interrupted when drafted into Napoleon's army. Became ill and deserted. An amnesty for deserters in 1810 allowed him to continue his studies for the priesthood. Ordained in 1815. Model parish priest at Ars, near Cognac. Became famous as the Curé d'Ars and people came to consult him from all over France and other countries, including bishops. His advice was simple, full of imagery from daily life, displaying faith and love of God. He was an inspirational preacher. The Curé d'Ars died on 4th August 1874

SVP Social 1 pm to 3 pm 6.30 pm Mass 20th Wedding Anniversary for Felicia & Frederic	Wednesday 5th St Addai and his disciple St Mari Legend has it that King Abgar V, ruler of Edessa (modern day Sanliurfa, Turkey) was suffering a chronic illness and heard about the miracles of Jesus. He wrote inviting Jesus to leave Judea and travel to Edessa. Jesus is said to have replied He was about to return to His Father but would arrange a visit by one of his followers. After the Ascension, St Thomas sent Addai, one of the 72 disciples to Edessa who cured King Abgar who then converted to Christianity. A Christian community soon developed, one of the first outside Judea. Addai was then made Bishop of Edessa and helped to deepen the faith and understanding of the message of Jesus. St Mari was a disciple of St Addai and continued to expand the Christian influence in the area. He went to Nisibis now in Turkey and then down the River Tigris and River Euphrates. In present day Iraq following the steps of St Thomas. Wherever he went St Mari converted many people, destroyed pagan temples, built churches and founded monasteries.
10 am Mass Sr Maisie Nevin RIP	Thursday 6th Transfiguration of the Lord Jesus takes Peter, James the son of Zebedee and his brother John with him and goes at night up a high mountain which is not named in the gospels but thought to be Mount Tabor in Lower Galilee, west of the Sea of Galilee. When they reach the top they witness what is seen by some as the <i>greatest miracle</i> as it happens to Jesus and showed a vision of heaven to the three amazed apostles. The prophet Elijah representing the prophets and Moses representing the Law appear and Jesus begins to talk to them. The Resurrection and the Transfiguration emphasise the divine nature of Christ while his Baptism by John the Baptist and the Crucifixion emphasise his human nature. Also the fact that in the Transfiguration Jesus is shown in his divine nature but still with his human body again illustrates the two natures.
NO MASS	Friday 7th St Victricius 5th century Roman soldier who was converted to Christianity. He then denounced his military service and laid down his weapons on the parade ground. Arrested, charged with desertion and almost died from a painful Roman flogging. Became a travelling preacher of Christianity who eventually ended up in Rouen in Gaul. France. He was made Bishop of Rouen and developed the Christian Church in northern France with his guidance and peacemaking. Invited to England to mediate between factions in conflict and help restore peace in the country
6pm: Confessions 6.30pm Vigil Mass Trevor Delves RIP	Saturday 8th St Dominic Born north of Madrid in Spain in 1170, 12 years before Francis of Assisi, another great founder. Studied Arts and theology at nearby Palencia University. Became superior of chapter of the secular Canons Regular. Diplomatic mission to Denmark with Bishop Diego of Osma. Sent by Pope Innocent III to France to evangelise and help Cistercians oppose heresy. Cistercians were travelling by horse and stopping at best inns. The two realised this approach or using the power as papal delegates would have little effect. Adopted a different approach, shedding all papal power the two travelled around by foot without money and begging for food. A group of Cistercian monks were sent to help using new approach which resulted in great success. Many Cathars converted. Bishop Diego opened new Convent to rival education of women provided by Cathars. In 1206 he returned to Spain leaving Dominic to create the first Dominican house in Prouille. Pope decided to use force to eliminate heresy in 1209. Dominic, with Simon de Monfort, helped in a "crusade" against the Cathars and prayed for victory. <i>Order of Preachers</i> founded by Dominic in 1215 but not recognised by pope. Set up <i>Rule of Life</i> based on St Augustine. In 1217 new Pope Honorius III recognised <i>Dominicans</i> and was impressed by new Order. Dominic stated "Arm yourself with prayer, not a sword", travel simply with no money, no food to convert souls. Given Church of St Sixtus in Rome. Order expanded. Dominic met Francis of Assisi and they agreed simplicity and poverty was essential. Dominic thought education was important as well, unlike Francis. Dominic emphasised the power of praying the Rosary for Dominicans. Dominic died at noon on 6th August 1221, two days before his 51st birthday. His body was placed in a humble sarcophagus but in 1267 Dominic's remains were moved to the shrine Arca di San Domenico, made by Nicola Pisano and his workshop, in the Basilica of San Domenico in Bologna
9.30 am Mass	Sunday 9th August Nineteenth Sunday in Ordinary Time Michael and Nora Hunter
PLEASE PRINT IN BLOCK CAPITALS WHEN RECORDING NAMES FOR MASS INTENTION	
Your prayers are needed for the following people	
Hazel Sale Mary Light Pat Sweeney Phil Boulton David Keates Chris Fitzgerald	

NOTICES AND ANNOUNCEMENTS

Next SVP Social is this Wednesday 5th August – 1pm to 3 pm

Another opportunity to meet for refreshments and a chat. Come along with your friends. No need to stay for the whole time, a few minutes or 2 hours, whatever suits you

Very many thanks to the parishioner who donated £250 to buy a new lawn mower for the parish garden and the parishioner who donated a fridge for the St Vincent de Paul kitchen

Parish Collection for last weekend 25th and 26th July 2026

Parish Gift Aid Envelopes	Gift Aid	Parish Loose Collection	Direct debits, standing orders	Gift Aid	Total of Offertory Collection	Other money	Gift Aid	Loose	TOTAL of all money
£22	£5.50	£177	£242.54	£51.98	£499.02				£499.02