

CHRIST THE KING & ST. COLMAN (Bitterne) OUR LADY OF THE ASSUMPTION (Hedge End) ST. BRIGID (West End)

Catholic Diocese of Portsmouth

Registered Charity number 1199568

Parish Priest: Fr. Elijah Fru Nde (emergency use phone number 0777 466 7010)

Office: 2 Dean Road, Bitterne, Southampton SO18 6AP – *Open Wednesday, Thursday, Friday 9.30am–1pm*

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Trinity Sunday (Year A, Cycle 2)

31st May 2026

Reflection from Fr Elijah: The mystery and unity of the Most Holy Trinity: one God in three divine Persons

The Solemnity of the Most Holy Trinity celebrates the Catholic belief in one God revealed in three divine Persons: the Father, the Son, and the Holy Spirit. This mystery is the foundation of the Catholic faith, from which all other teachings flow. The Church teaches that while God is one in nature, He exists eternally as three distinct yet consubstantial Persons. Through the Incarnation, Jesus reveals God as the eternal Father, while the mission of the Holy Spirit confirms the unity of the Father, Son, and Spirit as one God.

The Catechism of the Catholic Church (CCC 264) explains that the Trinity is not three gods, but one God in three Persons who are truly distinct. Though difficult for human understanding, the Trinity is not a mathematical puzzle but a revelation of God's infinite love. Understanding this mystery requires humility, faith, and the guidance of the Holy Spirit.

The readings for Trinity Sunday highlight this truth. In the first reading, Moses' humility and prayer move God to forgive His people, showing God's mercy and fatherly love. In the second reading, St. Paul urges Christians to live in unity and peace, invoking the grace of Jesus, the love of God, and the fellowship of the Holy Spirit. He encourages believers to reflect the unity of the Trinity in their own lives.

In the Gospel, God sends His Son to save the world, inviting humanity into communion with the Trinity. The Father, Son, and Holy Spirit continually seek fellowship with humanity and call people to unity and love.

Although human language cannot fully explain the mystery of the Trinity, Catholics are called not only to believe in it but also to live it. The Trinity is a model of perfect communion and love, inspiring believers to build unity within their families and communities while glorifying the Father, Son, and Holy Spirit.

Mass Times and Intentions

Exposition & Rosary at 9.30am before Mass (Tue-Fri). Sacrament of Confession is available on request.
Mass Intentions can be requested through Fr Elijah or the Parish Office.

Date	Times & Location			Mass Intentions & Feasts
Sun 31st May <i>Trinity</i>	9.15am	OLA	Mass	Fr Kevin Bidgood RIP For the people For the people
	11am	CKSC	Mass	
	5.30pm	SB	Mass	
	6pm	CKSC	Mass (in Polish)	
Mon 1 st June	7pm	ST BONIFACE	Confirmation	
Tue 2 nd June	10am	OLA	Mass	For Ann Farrelly (RIP) the deceased members of the Farrelly family
Wed 3 rd June	10am	SB	Mass	For the people
Thur 4 th June	10am	CKSC	Mass	
Fri 5 th June	10am	OLA	Mass	
Sat 6 th June	10am	CKSC	Mass	
Sun 7 th June	9.15am	OLA	Mass	For First Holy Communion children and their families
	11am	CKSC	Mass	
	5.30pm	SB	Mass	
	6pm	CKSC	Mass (in Polish)	

This Sunday's readings can be found at <https://universalis.com/europe.english/20260531/mass.htm>

Within our Parish

New Parish Database: Thank you to those who have already registered with the parish, however we are still very low on numbers. To ensure you remain registered as a parishioner and to continue to receive all communications from the parish including the newsletter, please make sure you have filled out the new Registration Forms.

Adult form:

<https://catholicdioceseofportsmouth.churchsuite.com/-/forms/ngdyici2>



Child Form:

<https://catholicdioceseofportsmouth.churchsuite.com/-/forms/whtuwhp5>



If you have any questions, please contact Josie Keogh in person or via the parish office.

Sunday Mass time change 7th June: On the Feast of Corpus Christi, young people from across our parish will be celebrating their 1st Holy Communion during Masses at Our Lady of the Assumption and Christ the King & St Colman. On 7th June, Mass at Our Lady of the Assumption will start at 9.00am. This earlier start time will enable Father Elijah more time to spend with the children and their families following their FHC Mass. Thank you for your understanding and co-operation with this change of time. God Bless.

From the Parish Pastoral Council Meeting of 23rd April 2026

· **Easter** – the Triduum was well attended, thank you to everyone who helped with the preparations and to those who followed the journey.

Mass attendance: **Holy Thursday** 200 people, **Good Friday** 240 people **Vigil 179 people**. Although it was a difficult decision to move the vigil service to CKSC it was the right one as maximum capacity at OLA is 150 so would not have accommodated everyone. **Easter Sunday OLA** 100+ people. Although it was a difficult decision to move the service from St Brigids it was the right one as maximum capacity there is 100 so would not have accommodated everyone. **Easter Sunday CKSC** 190 people

· **Bishops 10-year plan update** - Feedback from survey undertaken to gather thoughts on suggested plan to merge with Southampton Pastoral area evidenced that parishioners wished to stay with the original proposal to become Southampton East Pastoral area. The survey findings have been shared with diocese; there has been no response from the diocese as yet.

· Southampton's Polish Community currently use CKSC to celebrate mass. A memorandum of understanding has been agreed to formalise their use of the church and provide financial support towards the running costs and upkeep of CKSC.

Recurring Events

Our Lady of the Assumption – Hedge End

- Tea, coffee, biscuits & friendly chat in the hall every Sunday after Holy Mass
- Children's liturgy during Mass every 3rd Sunday of the month (not during summer holidays)

- Carers Group on third Wednesday of every month from 7.00pm to 8.30pm
- Growing in Faith every Tuesday evening 7:30-9pm
- Table tennis every Tuesday from 9.30am to 12pm
- Open Church every Thursday from 10am-12pm

Christ the King & St Colman – Bitterne

- Prayer group every Thursday 10.30am-12 noon
- Children's liturgy for 4 to 7-year-olds every Sunday during term time

- Tea, coffee, biscuits & friendly chat in the hall after Holy Mass every 1st Sunday of the month
- Choir practice in hall - 7:30pm on 2nd & 4th Friday each month. All welcome.

St Brigid – West End

- Cake & coffee after Mass on 2nd Sunday of the month; folk Mass on 4th Sunday
- Rosary & Exposition at 9.30am each Wednesday, before Mass

The next Parish Pastoral Council meeting is on 3rd July, please submit any points of discussion to the office.

Continuing to Support the Church

Please consider setting up a **standing order**.

For Christ the King & St Colman:

Account Name: CDP Christ the King & St Colman
Sort code: 30-93-04
Account Number: 00887553

For Our Lady of the Assumption and St Brigid:

Account Name: CDP Hedge End Our Lady
Sort code: 30-93-04
Account Number: 00879747



Please mention which fund you are donating to as a reference.
Make out cheques for Fr Elijah to Rev Fru N Elijah