

# ST COLMAN & ST PAUL CATHOLIC COMMUNITY, COSHAM AND PAULSGROVE

JESUS PRINCE OF PEACE SOUTH EAST HAMPSHIRE PASTORAL AREA

The Catholic Diocese of Portsmouth  
*Bringing people closer to Jesus Christ through His Church*



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[www.portsmouthdiocese.org.uk/parish/st-colman-and-st-paul/](http://www.portsmouthdiocese.org.uk/parish/st-colman-and-st-paul/)

Priest in charge: Fr Andrew Wagstaff

Parish Administrator: Mrs Zia Collins

Local Parish Office: The Presbytery, St Colman's Avenue, Cosham PO6 2JJ

## Sunday 22 February 2026 : First Sunday of Lent

During Lent in Year A, the Sundays Gospels take us on a journey with Jesus throughout his ministry, beginning this Sunday with Jesus' fast and temptations in the wilderness. It is a sign of the fullness and reality of Jesus' human nature that he endured temptation: the ways in which he resisted it are an inspiration to us. The temptations faced by Jesus are not unrelatable to us, as if only a Divine Person could be tempted in these ways. We may not have the power to turn stones to bread, but we are all tempted by the immediacy of goals within this world to forget the eternal. We may not all be tempted to leap from the Temple, but we all at times seek to bargain with God and try to limit Him to serving our wants. We may not all be offered the kingdoms of the world, but we are all tempted by illusory shortcuts to happiness (power, wealth, fame, pleasure). Jesus shows us how to remain steadfast in our pursuit of true blessedness, the goal of the spiritual life.

Times of Mass this week				Mass Intentions
Saturday 21 February	6pm	St Colman	Lent I	Ian & Mary Arnold and Norah Ince RIP
Sunday 22 February  <i>No Holy Hour this evening</i>	9:30am	St Colman	Lent I	Francis Gerald Daley RIP (FM)
	11:30am	Our Lady & St Paul	Lent I	Pro Populo
	4pm Hospital Chapel		Lent I	QA Hospital Mass
Monday 23 February <i>Adoration 9am – 5pm Lectio Divina 5pm St Colman</i>	12:30pm	Hospital Chapel	Lenten Feria St Polycarp	James Hall RIP (FM) (QA Hospital Mass)
Tuesday 24 February	6pm Adoration & Reconciliation, 7pm Station Mass at St Joseph, Havant			
Wednesday 25 February  <i>Bible Study 5pm St Colman</i>	7:30am	St Colman	Lenten Feria	The O'Donnell Family and James & Margaret Quill
	10am	Our Lady & St Paul	Lenten Feria	St Paul's School Mass
Friday 27 February <i>6pm Stations of the Cross</i>	6:30pm	St Colman	Lenten Feria	Michael, Marcella & Anthony Cullinane (FM)
Saturday 28 February <i>4pm Justice &amp; Peace Event, St Colman's Hall</i>	6pm	St Colman	Lent II	Ray Smith RIP (FM)
Sunday 1 March  <i>Holy Hour for Vocations: 5 – 6pm St Colman</i>	9:30am	St Colman	Lent II	Mary Johnson Puthenkalam
	11:30am	Our Lady & St Paul	Lent II	Pro Populo
	4pm Hospital Chapel		Lent II	QA Hospital Mass

Enquiries, appointments and hall bookings:  
Parish Office opening hours: 9:30am – 1:30pm Monday – Thursday  
02392 376151 [scsp@portsmouthdiocese.org.uk](mailto:scsp@portsmouthdiocese.org.uk) 07555 182118

Parish Safeguarding Ministers:  
Juliette Diamond (St Colman): [safeguarding.porsc.sc@portsmouthdiocese.org.uk](mailto:safeguarding.porsc.sc@portsmouthdiocese.org.uk)  
Nathaly Speight (St Paul): [safeguarding.porsc.sp@portsmouthdiocese.org.uk](mailto:safeguarding.porsc.sp@portsmouthdiocese.org.uk)

Thank you for your donations!  
You can donate directly into the parish bank account: CDP P'mouth St Colman:  
account number 00884554; sort code 30 93 04; reference "offertory donation".  
Gift aid: UK taxpayers can give an extra 25p per £1 at no extra cost to you; please direct  
gift aid enquiries to Lesley Kilby via the parish office: [scsp@portsmouthdiocese.org.uk](mailto:scsp@portsmouthdiocese.org.uk)

**Alpha Courses in Southeast Hampshire**  
Our Spring Alpha Course at St Colman will run from 2 March to 8 June on Monday evenings 7-9pm at St Colman's Hall. There is also a Tuesday night online Alpha and a Thursday evening Alpha course on Hayling Island. Alpha leader Josie Higson says: "The Alpha course is about creating a welcoming space where everyone can enjoy a meal together, watch a video about the Christian message and then have some time for discussion and exploration of what they believe. There's no pressure or judgment - it's just an informal and safe space to explore what we are thinking." Find out more from Josie: [alpha@waterlooville-catholic.org.uk](mailto:alpha@waterlooville-catholic.org.uk)

**Justice and Peace Event at St Colman's**  
On Saturday 28 February 4-5:30pm our Pastoral Area Peace and Justice Group will be offering tea with formation in Catholic Social Teaching. The subject will be "Life, Liberty and the Pursuit of Happiness" focussing especially on the right to life, the case against euthanasia and for palliative care.

**Mini-retreat days:** every Saturday in Lent  
11am – 1pm at St Michael, Leigh Park

**Lent Fast Day: this Friday 27 February**  
We will hear an appeal on behalf of Cafod at Masses this weekend: please take an envelope and bring it back next weekend with the contribution you saved on Friday.  
**Stella Maris Easter Appeal**  
We are collecting chocolate Easter eggs for seafarers away from home: can you help?

**Pastoral Area Quiz Saturday 7 March** – a fundraiser for the Jesuit Refugee Service at Sacred Heart, Waterlooville. Each community is invited to field a team: could we get one each from St Colman and St Paul? To find out more contact James Ryan: [events@stedmundhorndean.org.uk](mailto:events@stedmundhorndean.org.uk).

**Ecumenical Lent Course: "Talking Jesus"** starting Thursday 26 February at 11am at St Edmund, Horndean. Contact: [office@waterlooville-catholic.org.uk](mailto:office@waterlooville-catholic.org.uk)

**The Sanctuary Lamp** burns constantly before the Tabernacle, sponsored this week by Sajimon Mathew for his son Alfred.

**Sacrament of Reconciliation:**  
Saturday 5:30pm at St Colman's Church.

Of your charity, please pray:

- For friends and neighbours who are ill or housebound: Kana Blyth, Joe Charlton, Elizabeth Christian, Christine, Anne & Michael Colley, Tommy Cooper, John Cox, Pauline Crook, Jean Gartshore, Bob Guy, Janet, Dawn Marie, Sajimon Mathew, Paula Medd, Phoenix, Valerie O'Donnell, Maureen Smeeth, Beryl Walters, Heather Webber, Verena.
- For patients in the Queen Alexandra Hospital and for residents in the care homes and nursing homes in our parish: Kinross, The Haven, Hamilton House, and East Cosham.
- For St Paul's Primary School: the staff, governors, children, parents and families.
- For the souls of the faithful departed: may they rest in peace.