



**Diocese of Portsmouth**  
**South East Hampshire Pastoral Area**  
**Jesus Prince of Peace**  
**Catholic Communities of**  
**SACRED HEART OF JESUS**  
**& ST. PETER THE APOSTLE**  
356 London Road, Waterlooville, PO7 7SR



**ST EDMUND OF ABINGDON**  
Napier Road, Horndean PO8 9LR

*Catholic Diocese of Portsmouth Registered Charity no. 1199568*

Parochial Administrator: **Rev. Fr. James Lewis**  
Assistant Priest: **Rev. Fr. Tom Hiney**

The Presbytery, 356a London Road, Waterlooville, Hants PO7 7SR  
023 9226 2289 [office@waterlooville-catholic.org.uk](mailto:office@waterlooville-catholic.org.uk)

Sacred Heart Webpage:

[www.portsmouthdiocese.org.uk/parish/sacred-heart-of-jesus-and-st-peter-the-apostle-waterlooville/](http://www.portsmouthdiocese.org.uk/parish/sacred-heart-of-jesus-and-st-peter-the-apostle-waterlooville/)

Livestreaming at Sacred Heart:

[www.youtube.com/@heartstream2838](http://www.youtube.com/@heartstream2838)

St. Edmund Website:

[www.stedmundhorndean.org.uk](http://www.stedmundhorndean.org.uk)

Livestreaming at St Edmund:

[www.youtube.com/@stedmundhorndean4491/streams](http://www.youtube.com/@stedmundhorndean4491/streams)

Havant Pastoral Area Webpage:

[www.portsmouthdiocese.org.uk/parish/havant-pastoral-area/](http://www.portsmouthdiocese.org.uk/parish/havant-pastoral-area/)



## FIFTH SUNDAY IN ORDINARY TIME

**7/8 FEBRUARY 2026**

### Fr. Tom writes...

My echo to all that Fr James (and my mother herself) said so eloquently in last week's newsletter regarding and the real hope we have in Christ for eternal life. It was such a grace to experience the beauty of that trust in my mother, as profoundly tired as she was. This parish will always remain in my heart for the kindness shown to her and my family during those unforgettable days. Thank you.

As we approach Lent, it is worth setting one's heart not only in terms of 'what to give up,' but also our motives for doing so. We would all like to have more self-control, and the natural benefits that would bring, but a fast is different to a diet, where we would be only too happy if it proved easy. In fasting, we actually embrace the discomfort, because of the ancient Christian belief that – when we offer up any slight or mortification in union with Christ – we can be closer conformed to Him and His mission to bring true freedom to people. Having a clear sense of for whom or what one is offering up a Lenten fast changes the experience, for when we reach those inevitable moments when restraint seems impossible, we can remember those loved ones. Knowing how many of us have family or friends who have drifted away from the faith, or never known it, I invite anyone looking for a motive this Lent to join me in offering up a collective fast for each other's families and friends, especially those in need of real hope.

### While Fr. James is away

Fr. James is on annual leave until 17 February. Please keep him in your prayers and he promises to pray for all of us when he is away. Fr. Tom will be here, steering the ship while Fr. James is away. As always, if you require a priest in an emergency, **out of office hours**, please call 023 9226 2289 and dial 9 when prompted.

### Visiting the Sick and Housebound (Sacred Heart)

If you know anybody or you yourself would like visits from a priest or a parishioner, please get in touch with our Extraordinary Minister of Holy Communion Lead, Joy Hastilow, who would love to support you in this. Please contact Joy: [emhc@portsmouthdiocese.org.uk](mailto:emhc@portsmouthdiocese.org.uk) or 07948 205237.

# LITURGICAL WEEK

DATE	TIME	LITURGICAL CELEBRATION	VENUE	MASS INTENTION
<b>Saturday 7 February</b> Our Lady on Saturday <b>Vigil FIFTH SUNDAY IN ORDINARY TIME</b>	11.30am 12noon 12noon 5-6pm 6.15pm	Adoration & Confession Mass Mass for the Sick Holy Hour & Confession Mass	St Michael St Michael St Edmund Sacred Heart Sacred Heart	For all the sick  Juan Snr, Rosa & Teresa
<b>Sunday 8 February</b> <b>FIFTH SUNDAY IN ORDINARY TIME</b>	9am 9.30am 11am 4pm 5.30pm	Mass Mass Mass Mass Mass	St Edmund St Michael Sacred Heart <b>QA Hospital Chapel</b> Sacred Heart	Special Int of T. Barnett for Michelle  People of the Parish  Intention of the Hodges Family
<b>Monday 9 February</b> Feria [5th Week in OT]	7.30am <b>12.30pm</b>	Holy Hour <b>Mass</b>	Sacred Heart <b>QA Hospital Chapel</b>	
<b>Tuesday 10 February</b> St Scholastica, Virgin, mem	7.30am 6pm 6.30pm	Holy Hour Adoration Mass	Sacred Heart St Edmund St Edmund	Mick Woodgate, RIP & Deceased members of Woodgate family
<b>Wednesday 11 February</b> Feria [5th Week in OT]	7.30am 10.15am  11.30am 12noon	Holy Hour Mass followed by Adoration Adoration Mass	Sacred Heart St Michael St Michael Sacred Heart Sacred Heart	Mary Humphries, RIP (FM)
<b>Thursday 12 February</b> Feria [5th Week in OT]	7.30am <b>9.30am</b> 10am	Holy Hour Adoration & Confession Mass	Sacred Heart St Edmund St Edmund	John Monteiro, RIP
<b>Friday 13 February</b> Feria [5th Week in OT]	7.30am 12noon	Holy Hour Funeral Mass	Sacred Heart Sacred Heart	Margaret Bush, RIP
<b>Saturday 14 February</b> ST CYRIL, Rel & ST METHODIUS, Bishop, feast <b>Vigil SIXTH SUNDAY IN ORDINARY TIME</b>	11.30am 12noon 5-6pm 6.15pm	Adoration & Confession Mass Holy Hour & Confession Mass	St Michael St Michael Sacred Heart Sacred Heart	Francis, Cajetani & Felix Decosta, RIP
<b>Sunday 15 February</b> <b>SIXTH SUNDAY IN ORDINARY TIME</b>	9am 9.30am 11am 4pm 5.30pm	Mass Mass Mass Mass Mass	St Edmund St Michael Sacred Heart <b>QA Hospital Chapel</b> Sacred Heart	Yvonne Rezler  People of the Parish  Damian Whitfield, RIP

## WHAT'S GOING ON THIS WEEK...

DATE	EVENT	TIME	VENUE
<b>Saturday</b> 7 February	<b>Pre-Loved Clothes Sale:</b> Clothing for everyone: women, men, children & infants. Pay whatever you can afford – This is not a fundraising event, all donations go into our 'Care in the Community' fund.	2-4pm	Sacred Heart Parish Centre
<b>Sunday</b> 8 February	<b>Second Collection for LEPRA:</b> World Leprosy Day was held on 26 January this year. Leprosy is a Neglected Tropical Disease which affects the skin and attacks nerves in the hands, feet and eyes. If detected early enough, leprosy is curable with a combination of antibiotics, known as multidrug therapy. Lepra offers a holistic approach to the treatment of leprosy, providing mental health support, and social and economic advocacy to ensure the needs of everyone are addressed.	All Masses	Sacred Heart & St Edmund
<b>Monday</b> 9 February	<b>Team Clean:</b> Remember that Cleanliness is next to Godliness. Why not join the 'Team Clean' to ensure His house is always clean and tidy. Give it a try - the Team are very friendly bunch.	9-10am	Sacred Heart Church
<b>Tuesday</b> 10 February	<b>Rosary Group:</b> All welcome to join our weekly Rosary Group, just pop along!	6.45pm	Sacred Heart Church
<b>Wednesday</b> 11 February	<b>CAMEO - Invitation to Tea from the parish of St Edmund:</b> Come and meet each other for a cuppa and a chat – everyone welcome! Mums, dads, grannies, grandads, friends and neighbours. For more information contact Rosanna on 023 9259 1916 or Pat on 023 9234 2442.	2.30-4pm	The Exchange The Precinct Waterlooville (Where NatWest used to be)
<b>Thursday</b> 12 February	<b>Catholic Grandparents Association:</b> Set up by an Irishwoman in 2002, it has spread throughout the world, been endorsed by popes, and is now open to all elderly relatives wishing to pass on our beautiful Catholic faith to grandchildren. Resources, ideas, pilgrimages and more information generally can be found on <a href="http://www.catholicgrandparentsassociation.org">www.catholicgrandparentsassociation.org</a>	11am	St Michael & All Angels Leigh Park
<b>Friday</b> 13 February	<b>Mass for Our Lady of Lourdes:</b> Especially for medics, nurses and care workers – all welcome!	6.30pm	St Colman Cosham

## NOTICES & FORTHCOMING EVENTS

### Modern Slavery - How we can make a difference

This Sunday, 8 February is the Feast day of St Josephine Bakhita, the patron saint of victims of slavery. St. Josephine Bakhita, survived years of being trafficked into enslavement and forced domestic labour, first in her native Sudan, and then in Italy, where she encountered the Canossians (a family of two catholic religious institutes and three affiliated lay associations that trace their origin to Magdalen of Canossa, a religious sister canonised by Pope John Paul II in 1988) and successfully fought in court for her freedom in 1889.

In the UK, there are an estimated 122,000 victims, hidden - often in plain sight - in a variety of industries including construction, health and beauty (often nail bars) agriculture, car washes, domestic service, sex industry and care services, as well as in the supply chains of many of the goods we buy.

Across Portsmouth Diocese, more than 500 people were referred into the National Referral Mechanism in 2024. This is the Home Office framework for identifying and supporting potential victims of human trafficking, slavery, servitude and forced/compulsory labour in England and Wales. More information can be found on the Caritas website:

[www.cdn.portsmouthdiocese.org.uk/wp-content/uploads/2025/10/Modern-Slavery-Statement-Resource-Pack-2025\\_compressed.pdf](http://www.cdn.portsmouthdiocese.org.uk/wp-content/uploads/2025/10/Modern-Slavery-Statement-Resource-Pack-2025_compressed.pdf)

### SPOT THE SIGNS – How to recognise modern slavery and how to avoid inadvertently supporting it:

There are many signs which may indicate someone is being exploited and a potential victim of HTMS (Human Trafficking/Modern Slavery). Some general signs include:

- Isolation
- Restricted freedom of movement
- Resistance to seek help
- Poor living conditions
- Signs of physical or psychological abuse

You can learn more about this on the Unseen website: [www.unseenuk.org/about-modern-slavery/spot-the-signs/](http://www.unseenuk.org/about-modern-slavery/spot-the-signs/) If you believe someone to be in immediate danger, please call the police on 999. If you wish to report a crime anonymously, you may call Crimestoppers: 0800 555 111

### Hymns at Sacred Heart:

For those attending the 11am Sunday Mass at Sacred Heart, if you would like to familiarise yourself with the hymns in advance of the service please follow the links below:

Processional – Rejoice the Lord is King [www.youtube.com/watch?v=bA3h3nKc4io](http://www.youtube.com/watch?v=bA3h3nKc4io)

Offertory – In the love of God and neighbour [www.youtube.com/watch?v=NrVr1zbBQUI](http://www.youtube.com/watch?v=NrVr1zbBQUI)

Communion – I stand in awe of you [www.youtube.com/watch?v=BmZTz5H49zw](http://www.youtube.com/watch?v=BmZTz5H49zw)

Communion – All heaven declares [www.youtube.com/watch?v=ndiIXbKVuu0](http://www.youtube.com/watch?v=ndiIXbKVuu0)

Recessional – Shine Jesus Shine [www.youtube.com/watch?v=E\\_i-GxtbD54](http://www.youtube.com/watch?v=E_i-GxtbD54)

### Amare Memoriae

We pray for the rest and peace of the souls of Muriel Hiney, Margaret Bush, Brian Carolan, Evelyn Poole & Maureen Cronin who have died recently. Please remember their families and friends at this difficult time. Margaret's Funeral Mass will be on Friday 13 February @ 12noon at Sacred Heart. Evelyn's Funeral Mass will be on Tuesday 17 February @ 11am at St. Edmund. Details of Maureen's Funeral at Sacred Heart will be announced when confirmed.

### News from St. Peter's School

Richard Cunningham, Headteacher, writes...

Well done to all pupils and staff who took part in our first Times Tables Rock Stars day. A great day was had by all to promote online maths learning. All pupils have a log in to play Times Tables Rock Star, Sumdog or Numbots at home to consolidate their in-school learning. Thank you to Mrs Stewart who leads Maths in St Peter's and gave us the idea of really getting into the Times Table Rock Stars theme!

### The Biblical Timeline Course

John McCormack writes... The Biblical timeline course will start

Monday 16 February at 6:45. Learn how the Bible Testaments fit together beautifully, allowing prophecy and fact to link together giving us the bedrock of our faith.

### Volunteers Meal

John McCormack writes... Our annual Volunteers Thank You meal will be on 28 February starting at 7pm, straight after Saturday evening Mass. if you freely give your time to any event to support the parish, from singing in the choir, cleaning the church, maintaining our beautiful gardens, counting the coins, in fact any supportive role for the life of our church then you are invited. Please email [johnmcc-2010@hotmail.co.uk](mailto:johnmcc-2010@hotmail.co.uk) so we have an idea of numbers.



## Social teaching and Practical action

### Saturday 28 February 4-5.30pm at St Colman's Church Cosham PO6 2JJ.

Maureen Thompson, Justice & Peace writes... Our pastoral area Justice, peace and social action group are organising an event to encourage a deeper understanding of Bible teaching on life and dignity, for every life is precious. Fr Andrew Wagstaff will offer some teaching followed by tea and chat together. Finally we have invited a speaker from the Rowan's Hospice to learn more about the important work of the hospice and how we might offer practical help. Please come along you will be very welcome at the meeting also option to stay for Mass at 6pm.

### Notice re. Candles at St Edmund

Lucia Durbin, Health & Safety Representative writes... *Children must be supervised at all times when near the candle stands.*

### World Day of Prayer 2026

St. John the Baptist Church, London Road, Purbrook on Friday 6 March @2pm. A service for everyone! Parking opposite behind the shops or take the bus. No 8 stops right outside. All the Churches in the area from Christchurch, Portsdown to Catherington/Clanfield are participating in this one wonderful ecumenical service. Refreshments after. More information from Elizabeth 07791 753545.

### Jesus Prince of Peace Quiz Night Fundraising for the Jesuit Refugee Service (JRS)

Join us on **Saturday 7 March** for an epic London Marathon fundraiser Quiz Night at the Sacred Heart of Jesus and St Peter the Apostle Church, Waterlooville. Doors open at 7:15pm for a 7:30 start.

To book tickets contact James Ryan (St Edmund's Horndean): [events@stedmundhorndean.org.uk](mailto:events@stedmundhorndean.org.uk) please put which church/community you are part of in the email.

Tickets are £10 per person, either in cash or by bank transfer to St Edmund's Horndean:

**Bank Transfer:** CDP Horndean St. Edmund

Sort Code: 30-93-04

Account Number: 00880222

Reference: [Your Surname] JRS Quiz Night

We look forward to welcoming you on the night and giving the team who crosses the finishing line a joyous prize! James will take on the London Marathon course in April this year, running 26.2 miles, with the hope of raising £2000 for the JRS.

## LENT 2026

Lent is a season in the Church's calendar when we're invited for forty days to find time for prayer and fasting. It's an opportunity for spiritual growth as we prepare to commemorate the suffering and death of Jesus Christ and the celebration of his resurrection at Easter. These six weeks mirror the amount of time that Jesus spent in the desert to fast and pray. Full details of how we'll be marking Lent at Sacred Heart and St. Edmund in next week's newsletter, but below are important dates to get ready for:

- **Ash Wednesday – 18 February**

Masses with Ashes:

7am at Sacred Heart

10.15am at St. Michael & All Angels

12noon at Sacred Heart

7pm at St. Edmund

- **Lenten Station Masses (All Tuesdays)**

#### **6pm – Adoration & Reconciliation, 7pm Station Mass followed by supper**

24 February at St Joseph, Havant

3 March at St Edmund, Horndean

10 March at St Colman, Cosham

17 March at St Patrick, Hayling Island

24 March at St Michael & All Angels, Leigh Park

- **Big Lent Community Walk!**

Ready for a challenge! Everyone is invited to join the Lent walk again this year on Saturday 14 March, from St. Thomas', Emsworth to St. Michael & All Angels, Leigh Park. It would be great to have participants from Waterlooville, Hayling, Cosham and Horndean joining parishioners from Havant, Emsworth and Leigh Park. Have a think about it, more details coming soon!

- **Family Fast Day – Friday 27 February**

There will be a second collection at all Masses on the weekend of 28 February/1 March for CAFOD. There will be GA envelopes available on 21/22 February for your Fast Day donation – If you are a UK taxpayer, GA will add 25% to your donation at no extra cost to you. This Family Fast Day, let's show love to our neighbours, eat simply and give generously, so another family can put food on the table.

# Contact Us...

## Administrative Lead:

Susan Siou  
[office@waterlooville-catholic.org.uk](mailto:office@waterlooville-catholic.org.uk)  
023 9226 2289  
*Monday 10am-12noon*  
*Tuesday-Thursday 10am- 1pm*

## Sacred Heart Mass Intentions & Housekeeping:

Lisa Wingrove-Cross  
[Intentions@waterlooville-catholic.org.uk](mailto:Intentions@waterlooville-catholic.org.uk)  
[housekeeping@waterlooville-catholic.org.uk](mailto:housekeeping@waterlooville-catholic.org.uk)  
023 9226 2289  
*Monday 10am-3pm*  
*Tuesday & Thursday 10am-4pm*

## Sacred Heart Parish Centre Coordinator:

Angela McLaughlin  
[parishcentre@waterlooville-catholic.org.uk](mailto:parishcentre@waterlooville-catholic.org.uk)  
023 9226 2289  
*Monday-Friday 10am-12noon*

## Sacred Heart Accounting & Gift Aid:

Yvonne Hands  
[accounts@waterlooville-catholic.org.uk](mailto:accounts@waterlooville-catholic.org.uk)

## Sacred Heart EMHC Coordinator:

Joy Hastilow  
[emhc@portsmouthdiocese.org.uk](mailto:emhc@portsmouthdiocese.org.uk)

## Sacred Heart Safeguarding Representative:

Liz Holford  
[safeguarding@waterlooville-catholic.org.uk](mailto:safeguarding@waterlooville-catholic.org.uk)

## Sacred Heart Altar Servers:

Jim Hordell  
[altarservers@waterlooville-catholic.org.uk](mailto:altarservers@waterlooville-catholic.org.uk)

## Alpha:

[alpha@waterlooville-catholic.org.uk](mailto:alpha@waterlooville-catholic.org.uk)

## Youth Alpha/Confirmation:

[confirmation@jesusprinceofpeace.org.uk](mailto:confirmation@jesusprinceofpeace.org.uk)

## Sacred Heart GDPR Representative:

Pam Hales  
[gdpr@waterlooville-catholic.org.uk](mailto:gdpr@waterlooville-catholic.org.uk)

## Care in the Community Including Christmas Fair, Toy & Clothes Sales:

Nina McCormack  
[careinthecommunity@waterlooville-catholic.org.uk](mailto:careinthecommunity@waterlooville-catholic.org.uk)

## Administrator & hall bookings:

Yvonne Hands  
[office@stedmundhorndean.org.uk](mailto:office@stedmundhorndean.org.uk)  
023 9226 2289  
*Monday 10.30am-1.30pm*  
*Thursday 10.30am-2pm*  
*Friday 11am-2.30pm*

## Health & Safety Representative for St Edmund:

Lucia Durbin  
[accounts@stedmundhorndean.org.uk](mailto:accounts@stedmundhorndean.org.uk)  
07976 814687

## St Edmund Mass Intentions:

Joanne Webb  
[intentions@stedmundhorndean.org.uk](mailto:intentions@stedmundhorndean.org.uk)  
07552 235666

## St Edmund EMHC Coordinator:

Silverius Sittampalam  
[ministry@stedmundhorndean.org.uk](mailto:ministry@stedmundhorndean.org.uk)  
023 9226 1511

## St Edmund Safeguarding Representative:

Michael White  
[safeguarding@stedmundhorndean.org.uk](mailto:safeguarding@stedmundhorndean.org.uk)

## St Edmund Gift Aid Organiser:

Niall Lawless  
[ga@stedmundhorndean.org.uk](mailto:ga@stedmundhorndean.org.uk)

## Repairs & Maintenance for St Edmund:

Lucia Durbin  
[accounts@stedmundhorndean.org.uk](mailto:accounts@stedmundhorndean.org.uk)  
07976 814687

There is also a Defects Book in the hall

## St Edmund Visiting Group:

Margaret Whyte  
023 9259 7826



# JESUS PRINCE OF PEACE



## **Sacred Heart & St Peter the Apostle**

356 London Road, Waterlooville PO7 7SR  
Fr. James Lewis  
Administrative Lead: Susan Siou  
023 9226 2289  
[office@waterlooville-catholic.org.uk](mailto:office@waterlooville-catholic.org.uk)



## **St Edmund**

Napier Road, Horndean PO8 9LR  
Fr. James Lewis  
Parish Administrator: Yvonne Hands  
023 9226 2289  
[office@stedmundhorndean.org.uk](mailto:office@stedmundhorndean.org.uk)



## **St Michael & All Angels**

437 Dunsbury Way,  
Leigh Park PO9 5BD  
Fr. James Lewis  
Parish Secretary: Ellen McCarthy  
023 9248 4323  
[office@stmichaelsleighpark.org.uk](mailto:office@stmichaelsleighpark.org.uk)



## **St Joseph**

134 West St, Havant PO9 1PL  
Fr. Joe Gruszkiewicz  
Office & Hall Bookings: Vicky McGuigan  
023 9248 4520  
[office@rchavant.com](mailto:office@rchavant.com)



## **Ss Thomas**

24 New Brighton Road, Emsworth  
PO10 7PS  
Fr. Joe Gruszkiewicz  
Parish Administrator: Vicky McGuigan  
023 9248 4520  
[office@rchavant.com](mailto:office@rchavant.com)



## **St Patrick**

Manor Road, Hayling Island PO11 0QU  
Fr. Mark Whiting  
Parish Administrator: Vicky McGuigan  
023 9246 3854  
[haylingisland@portsmouthdiocese.org.uk](mailto:haylingisland@portsmouthdiocese.org.uk)



## **St Colman with St. Paul**

St Colman Ave, Cosham PO6 2JJ  
Fr. Andrew Wagstaff  
Parish Administrator: Zia Collins  
023 9237 6151  
[scsp@portsmouthdiocese.org.uk](mailto:scsp@portsmouthdiocese.org.uk)



## **Our Lady of the Nativity & St. Paul, Syro Malabar Catholic Church**

Allaway Avenue, Paulsgrove PO6 4DJ  
Fr. John Pulinthanath  
07880 321694  
[olonandstpaul@csmegb.net](mailto:olonandstpaul@csmegb.net)

## **Oaklands Catholic School & Sixth Form College**



Stakes Hill Road,  
Waterlooville PO7 7BW  
023 9225 9214  
[www.oaklandscatholicschool.org](http://www.oaklandscatholicschool.org)  
Executive Headteacher:  
Richard Cunningham

## **St. Peter's Primary School**

Stakes Hill Road,  
Waterlooville PO7 7BP  
023 9226 2599  
[www.stpeterswaterlooville.co.uk](http://www.stpeterswaterlooville.co.uk)  
Executive Headteacher:  
Richard Cunningham



## **St. Thomas More's Primary School**

Hooks Lane,  
Bedhampton, Havant  
PO9 3DR  
023 9247 5909  
[www.st-thomasmores.hants.sch.uk](http://www.st-thomasmores.hants.sch.uk)  
Head Jeff Sendall



## **St. Paul's Primary School**

Bourne Road,  
Paulsgrove, Portsmouth  
PO6 4JD  
023 9237 5488  
[www.st-pauls.portsmouth.sch.uk](http://www.st-pauls.portsmouth.sch.uk)  
Head: Zoe Killick



## **Portsmouth Hospitals University NHS Trust**

Queen Alexandra Hospital  
Southwick Hill Road, Portsmouth  
PO6 3LY  
023 9228 6000  
[www.porthosp.nhs.uk](http://www.porthosp.nhs.uk)

## **Rowans Hospice**

Purbrook Heath Road, Waterlooville  
PO7 5RU  
023 9225 0001  
[www.rowanshospice.co.uk](http://www.rowanshospice.co.uk)