



Diocese of Portsmouth
South East Hampshire Pastoral Area
Jesus Prince of Peace
Catholic Communities of
**SACRED HEART OF JESUS
& ST. PETER THE APOSTLE**

356 London Road, Waterlooville, PO7 7SR

ST EDMUND OF ABINGDON

Napier Road, Horndean PO8 9LR

Catholic Diocese of Portsmouth Registered Charity no. 1199568

Parochial Administrator: **Rev. Fr. James Lewis**

Assistant Priest: **Rev. Fr. Tom Hiney**

The Presbytery, 356a London Road, Waterlooville, Hants PO7 7SR

023 9226 2289 office@waterlooville-catholic.org.uk

Sacred Heart Webpage:

www.portsmouthdiocese.org.uk/parish/sacred-heart-of-jesus-and-st-peter-the-apostle-waterlooville/

Livestreaming at Sacred Heart:

www.youtube.com/@heartstream2838

St. Edmund Website:

www.stedmundhorndean.org.uk

Livestreaming at St Edmund:

www.youtube.com/@stedmundhorndean4491/streams

Havant Pastoral Area Webpage:

www.portsmouthdiocese.org.uk/parish/havant-pastoral-area/



FIFTH SUNDAY IN ORDINARY TIME

7/8 FEBRUARY 2026

Fr. Tom writes...

My echo to all that Fr James (and my mother herself) said so eloquently in last week's newsletter regarding and the real hope we have in Christ for eternal life. It was such a grace to experience the beauty of that trust in my mother, as profoundly tired as she was. This parish will always remain in my heart for the kindness shown to her and my family during those unforgettable days. Thank you.

As we approach Lent, it is worth setting one's heart not only in terms of 'what to give up,' but also our motives for doing so. We would all like to have more self-control, and the natural benefits that would bring, but a fast is different to a diet, where we would be only too happy if it proved easy. In fasting, we actually embrace the discomfort, because of the ancient Christian belief that – when we offer up any slight or mortification in union with Christ – we can be closer conformed to Him and His mission to bring true freedom to people. Having a clear sense of for whom or what one is offering up a Lenten fast changes the experience, for when we reach those inevitable moments when restraint seems impossible, we can remember those loved ones. Knowing how many of us have family or friends who have drifted away from the faith, or never known it, I invite anyone looking for a motive this Lent to join me in offering up a collective fast for each other's families and friends, especially those in need of real hope.

While Fr. James is away

Fr. James is on annual leave until 17 February. Please keep him in your prayers and he promises to pray for all of us when he is away. Fr. Tom will be here, steering the ship while Fr. James is away. As always, if you require a priest in an emergency, **out of office hours**, please call 023 9226 2289 and dial 9 when prompted.

Visiting the Sick and Housebound (Sacred Heart)

If you know anybody or you yourself would like visits from a priest or a parishioner, please get in touch with our Extraordinary Minister of Holy Communion Lead, Joy Hastilow, who would love to support you in this. Please contact Joy: emhc@portsmouthdiocese.org.uk or 07948 205237.

LITURGICAL WEEK

DATE	TIME	LITURGICAL CELEBRATION	VENUE	MASS INTENTION
Saturday 7 February Our Lady on Saturday Vigil FIFTH SUNDAY IN ORDINARY TIME	11.30am 12noon 12noon 5-6pm 6.15pm	Adoration & Confession Mass Mass for the Sick Holy Hour & Confession Mass	St Michael St Michael St Edmund Sacred Heart Sacred Heart	For all the sick Juan Snr, Rosa & Teresa
Sunday 8 February FIFTH SUNDAY IN ORDINARY TIME	9am 9.30am 11am 4pm 5.30pm	Mass Mass Mass Mass Mass	St Edmund St Michael Sacred Heart QA Hospital Chapel Sacred Heart	Special Int of T. Barnett for Michelle People of the Parish Intention of the Hodges Family
Monday 9 February Feria [5th Week in OT]	7.30am 12.30pm	Holy Hour Mass	Sacred Heart QA Hospital Chapel	
Tuesday 10 February St Scholastica, Virgin, mem	7.30am 6pm 6.30pm	Holy Hour Adoration Mass	Sacred Heart St Edmund St Edmund	Mick Woodgate, RIP & Deceased members of Woodgate family
Wednesday 11 February Feria [5th Week in OT]	7.30am 10.15am 11.30am 12noon	Holy Hour Mass followed by Adoration Adoration Mass	Sacred Heart St Michael St Michael Sacred Heart Sacred Heart	Mary Humphries, RIP (FM)
Thursday 12 February Feria [5th Week in OT]	7.30am 9.30am 10am	Holy Hour Adoration & Confession Mass	Sacred Heart St Edmund St Edmund	John Monteiro, RIP
Friday 13 February Feria [5th Week in OT]	7.30am 12noon	Holy Hour Funeral Mass	Sacred Heart Sacred Heart	Margaret Bush, RIP
Saturday 14 February ST CYRIL, Rel & ST METHODIUS, Bishop, feast Vigil SIXTH SUNDAY IN ORDINARY TIME	11.30am 12noon 5-6pm 6.15pm	Adoration & Confession Mass Holy Hour & Confession Mass	St Michael St Michael Sacred Heart Sacred Heart	Francis, Cajetani & Felix Decosta, RIP
Sunday 15 February SIXTH SUNDAY IN ORDINARY TIME	9am 9.30am 11am 4pm 5.30pm	Mass Mass Mass Mass Mass	St Edmund St Michael Sacred Heart QA Hospital Chapel Sacred Heart	Yvonne Rezler People of the Parish Damian Whitfield, RIP

WHAT'S GOING ON THIS WEEK...

DATE	EVENT	TIME	VENUE
Saturday 7 February	Pre-Loved Clothes Sale: Clothing for everyone: women, men, children & infants. Pay whatever you can afford – This is not a fundraising event, all donations go into our 'Care in the Community' fund.	2-4pm	Sacred Heart Parish Centre
Sunday 8 February	Second Collection for LEPROA: World Leprosy Day was held on 26 January this year. Leprosy is a Neglected Tropical Disease which affects the skin and attacks nerves in the hands, feet and eyes. If detected early enough, leprosy is curable with a combination of antibiotics, known as multidrug therapy. Lepra offers a holistic approach to the treatment of leprosy, providing mental health support, and social and economic advocacy to ensure the needs of everyone are addressed.	All Masses	Sacred Heart & St Edmund
Monday 9 February	Team Clean: Remember that Cleanliness is next to Godliness. Why not join the 'Team Clean' to ensure His house is always clean and tidy. Give it a try - the Team are very friendly bunch.	9-10am	Sacred Heart Church
Tuesday 10 February	Rosary Group: All welcome to join our weekly Rosary Group, just pop along!	6.45pm	Sacred Heart Church
Wednesday 11 February	CAMEO - Invitation to Tea from the parish of St Edmund: Come and meet each other for a cuppa and a chat – everyone welcome! Mums, dads, grannies, grandads, friends and neighbours. For more information contact Rosanna on 023 9259 1916 or Pat on 023 9234 2442.	2.30-4pm	The Exchange The Precinct Waterlooville (Where NatWest used to be)
Thursday 12 February	Catholic Grandparents Association: Set up by an Irishwoman in 2002, it has spread throughout the world, been endorsed by popes, and is now open to all elderly relatives wishing to pass on our beautiful Catholic faith to grandchildren. Resources, ideas, pilgrimages and more information generally can be found on www.catholicgrandparentsassociation.org	11am	St Michael & All Angels Leigh Park
Friday 13 February	Mass for Our Lady of Lourdes: Especially for medics, nurses and care workers – all welcome!	6.30pm	St Colman Cosham

NOTICES & FORTHCOMING EVENTS

Modern Slavery - How we can make a difference

This Sunday, 8 February is the Feast day of St Josephine Bakhita, the patron saint of victims of slavery. St. Josephine Bakhita, survived years of being trafficked into enslavement and forced domestic labour, first in her native Sudan, and then in Italy, where she encountered the Canossians (a family of two catholic religious institutes and three affiliated lay associations that trace their origin to Magdalen of Canossa, a religious sister canonised by Pope John Paul II in 1988) and successfully fought in court for her freedom in 1889.

In the UK, there are an estimated 122,000 victims, hidden - often in plain sight - in a variety of industries including construction, health and beauty (often nail bars) agriculture, car washes, domestic service, sex industry and care services, as well as in the supply chains of many of the goods we buy.

Across Portsmouth Diocese, more than 500 people were referred into the National Referral Mechanism in 2024. This is the Home Office framework for identifying and supporting potential victims of human trafficking, slavery, servitude and forced/compulsory labour in England and Wales. More information can be found on the Caritas website:

www.cdn.portsmouthdiocese.org.uk/wp-content/uploads/2025/10/Modern-Slavery-Statement-Resource-Pack-2025_compressed.pdf

SPOT THE SIGNS – How to recognise modern slavery and how to avoid inadvertently supporting it:

There are many signs which may indicate someone is being exploited and a potential victim of HTMS (Human Trafficking/Modern Slavery). Some general signs include:

- Isolation
- Restricted freedom of movement
- Resistance to seek help
- Poor living conditions
- Signs of physical or psychological abuse

You can learn more about this on the Unseen website: www.unseenuk.org/about-modern-slavery/spot-the-signs/ If you believe someone to be in immediate danger, please call the police on 999. If you wish to report a crime anonymously, you may call Crimestoppers: 0800 555 111

Hymns at Sacred Heart:

For those attending the 11am Sunday Mass at Sacred Heart, if you would like to familiarise yourself with the hymns in advance of the service please follow the links below:

Processional – Rejoice the Lord is King www.youtube.com/watch?v=bA3h3nKc4io

Offertory – In the love of God and neighbour www.youtube.com/watch?v=NrVr1zbBQUl

Communion – I stand in awe of you www.youtube.com/watch?v=BmZTz5H49zw

Communion – All heaven declares www.youtube.com/watch?v=ndilXbKVuu0

Recessional – Shine Jesus Shine www.youtube.com/watch?v=E_i-GxtbD54

Amare Memoriae

We pray for the rest and peace of the souls of Muriel Hiney, Margaret Bush, Brian Carolan, Evelyn Poole & Maureen Cronin who have died recently. Please remember their families and friends at this difficult time. Margaret's Funeral Mass will be on Friday 13 February @ 12noon at Sacred Heart. Evelyn's Funeral Mass will be on Tuesday 17 February @ 11am at St. Edmund. Details of Maureen's Funeral at Sacred Heart will be announced when confirmed.

News from St. Peter's School

Richard Cunningham, Headteacher, writes...

Well done to all pupils and staff who took part in our first Times Tables Rock Stars day. A great day was had by all to promote online maths learning. All pupils have a log in to play Times Tables Rock Star, Sumdog or Numbots at home to consolidate their in-school learning. Thank you to Mrs Stewart who leads Maths in St Peter's and gave us the idea of really getting into the Times Table Rock Stars theme!

The Biblical Timeline Course

John McCormack writes... The Biblical timeline course will start Monday 16 February at 6:45. Learn how the Bible Testaments fit together beautifully, allowing prophecy and fact to link together giving us the bedrock of our faith.

Volunteers Meal

John McCormack writes... Our annual Volunteers Thank You meal will be on 28 February starting at 7pm, straight after Saturday evening Mass. if you freely give your time to any event to support the parish, from singing in the choir, cleaning the church, maintaining our beautiful gardens, counting the coins, in fact any supportive role for the life of our church then you are invited. Please email johnmcc-2010@hotmail.co.uk so we have an idea of numbers.



Social teaching and Practical action

Saturday 28 February 4-5.30pm at St Colman's Church Cosham PO6 2JJ.

Maureen Thompson, Justice & Peace writes... Our pastoral area Justice, peace and social action group are organising an event to encourage a deeper understanding of Bible teaching on life and dignity, for every life is precious. Fr Andrew Wagstaff will offer some teaching followed by tea and chat together. Finally we have invited a speaker from the Rowan's Hospice to learn more about the important work of the hospice and how we might offer practical help. Please come along you will be very welcome at the meeting also option to stay for Mass at 6pm.

Notice re. Candles at St Edmund

Lucia Durbin, Health & Safety Representative writes... *Children must be supervised at all times when near the candle stands.*

World Day of Prayer 2026

St. John the Baptist Church, London Road, Purbrook on Friday 6 March @2pm. A service for everyone! Parking opposite behind the shops or take the bus. No 8 stops right outside. All the Churches in the area from Christchurch, Portsdown to Catherington/Clanfield are participating in this one wonderful ecumenical service. Refreshments after. More information from Elizabeth 07791 753545.

Jesus Prince of Peace Quiz Night Fundraising for the Jesuit Refugee Service (JRS)

Join us on **Saturday 7 March** for an epic London Marathon fundraiser Quiz Night at the Sacred Heart of Jesus and St Peter the Apostle Church, WaterlooVille. Doors open at 7:15pm for a 7:30 start.

To book tickets contact James Ryan (St Edmund's Horndean): events@stedmundhorndean.org.uk please put which church/community you are part of in the email.

Tickets are £10 per person, either in cash or by bank transfer to St Edmund's Horndean:

Bank Transfer: CDP Horndean St. Edmund

Sort Code: 30-93-04

Account Number: 00880222

Reference: [Your Surname] JRS Quiz Night

We look forward to welcoming you on the night and giving the team who crosses the finishing line a joyous prize! James will take on the London Marathon course in April this year, running 26.2 miles, with the hope of raising £2000 for the JRS.

LENT 2026

Lent is a season in the Church's calendar when we're invited for forty days to find time for prayer and fasting. It's an opportunity for spiritual growth as we prepare to commemorate the suffering and death of Jesus Christ and the celebration of his resurrection at Easter. These six weeks mirror the amount of time that Jesus spent in the desert to fast and pray. Full details of how we'll be marking Lent at Sacred Heart and St. Edmund in next week's newsletter, but below are important dates to get ready for:

- **Ash Wednesday – 18 February**

Masses with Ashes:

7am at Sacred Heart

10.15am at St. Michael & All Angels

12noon at Sacred Heart

7pm at St. Edmund

- **Lenten Station Masses (All Tuesdays)**

6pm – Adoration & Reconciliation, 7pm Station Mass followed by supper

24 February at St Joseph, Havant

3 March at St Edmund, Horndean

10 March at St Colman, Cosham

17 March at St Patrick, Hayling Island

24 March at St Michael & All Angels, Leigh Park

- **Big Lent Community Walk!**

Ready for a challenge! Everyone is invited to join the Lent walk again this year on Saturday 14 March, from St. Thomas', Emsworth to St. Michael & All Angels, Leigh Park. It would be great to have participants from WaterlooVille, Hayling, Cosham and Horndean joining parishioners from Havant, Emsworth and Leigh Park. Have a think about it, more details coming soon!

- **Family Fast Day – Friday 27 February**

There will be a second collection at all Masses on the weekend of 28 February/1 March for CAFOD. There will be GA envelopes available on 21/22 February for your Fast Day donation – If you are a UK taxpayer, GA will add 25% to your donation at no extra cost to you. This Family Fast Day, let's show love to our neighbours, eat simply and give generously, so another family can put food on the table.

Contact Us...

Administrative Lead:

Susan Siou

office@waterlooville-catholic.org.uk

023 9226 2289

Monday 10am-12noon

Tuesday-Thursday 10am- 1pm

Sacred Heart Mass Intentions & Housekeeping:

Lisa Wingrove-Cross

Intentions@waterlooville-catholic.org.uk

housekeeping@waterlooville-catholic.org.uk

023 9226 2289

Monday 10am-3pm

Tuesday & Thursday 10am-4pm

Sacred Heart Parish Centre Coordinator:

Angela McLaughlin

parishcentre@waterlooville-catholic.org.uk

023 9226 2289

Monday-Friday 10am-12noon

Sacred Heart Accounting & Gift Aid:

Yvonne Hands

accounts@waterlooville-catholic.org.uk

Sacred Heart EMHC Coordinator:

Joy Hastilow

emhc@portsmouthdiocese.org.uk

Sacred Heart Safeguarding Representative:

Liz Holford

safeguarding@waterlooville-catholic.org.uk

Sacred Heart Altar Servers:

Jim Hordell

altarservers@waterlooville-catholic.org.uk

Alpha:

alpha@waterlooville-catholic.org.uk

Youth Alpha/Confirmation:

confirmation@jesusprinceofpeace.org.uk

Sacred Heart GDPR Representative:

Pam Hales

gdpr@waterlooville-catholic.org.uk

Care in the Community Including Christmas Fair, Toy & Clothes Sales:

Nina McCormack

careinthecommunity@waterlooville-catholic.org.uk

Administrator & hall bookings:

Yvonne Hands

office@stedmundhorndean.org.uk

023 9226 2289

Monday 10.30am-1.30pm

Thursday 10.30am-2pm

Friday 11am-2.30pm

Health & Safety Representative for St Edmund:

Lucia Durbin

accounts@stedmundhorndean.org.uk

07976 814687

St Edmund Mass Intentions:

Joanne Webb

intentions@stedmundhorndean.org.uk

07552 235666

St Edmund EMHC Coordinator:

Silverius Sittampalam

ministry@stedmundhorndean.org.uk

023 9226 1511

St Edmund Safeguarding Representative:

Michael White

safeguarding@stedmundhorndean.org.uk

St Edmund Gift Aid Organiser:

Niall Lawless

ga@stedmundhorndean.org.uk

Repairs & Maintenance for St Edmund:

Lucia Durbin

accounts@stedmundhorndean.org.uk

07976 814687

There is also a Defects Book in the hall

St Edmund Visiting Group:

Margaret Whyte

023 9259 7826



JESUS PRINCE OF PEACE



Sacred Heart & St Peter the Apostle

356 London Road, Waterlooville PO7 7SR
Fr. James Lewis
Administrative Lead: Susan Siou
023 9226 2289
office@waterlooville-catholic.org.uk



St Edmund

Napier Road, Horndean PO8 9LR
Fr. James Lewis
Parish Administrator: Yvonne Hands
023 9226 2289
office@stedmundhorndean.org.uk



St Michael & All Angels

437 Dunsbury Way,
Leigh Park PO9 5BD
Fr. James Lewis
Parish Secretary: Ellen McCarthy
023 9248 4323
office@stmichaelsleighpark.org.uk



St Joseph

134 West St, Havant PO9 1PL
Fr. Joe Gruszkiewicz
Office & Hall Bookings: Vicky McGuigan
023 9248 4520
office@rchavant.com



Ss Thomas

24 New Brighton Road, Emsworth
PO10 7PS
Fr. Joe Gruszkiewicz
Parish Administrator: Vicky McGuigan
023 9248 4520
office@rchavant.com



St Patrick

Manor Road, Hayling Island PO11 0QU
Fr. Mark Whiting
Parish Administrator: Vicky McGuigan
023 9246 3854
haylingisland@portsmouthdiocese.org.uk



St Colman with St. Paul

St Colman Ave, Cosham PO6 2JJ
Fr. Andrew Wagstaff
Parish Administrator: Zia Collins
023 9237 6151
scsp@portsmouthdiocese.org.uk



Our Lady of the Nativity & St. Paul, Syro Malabar Catholic Church

Allaway Avenue, Paulsgrove PO6 4DJ
Fr. John Pulinthanath
07880 321694
olonandstpaul@csmegb.net

Oaklands Catholic School & Sixth Form College

Stakes Hill Road,
Waterlooville PO7 7BW
023 9225 9214
www.oaklandscatholicsschool.org
Executive Headteacher:
Richard Cunningham



St. Peter's Primary School

Stakes Hill Road,
Waterlooville PO7 7BP
023 9226 2599
www.stpeterswaterlooville.co.uk
Executive Headteacher:
Richard Cunningham



St. Thomas More's Primary School

Hooks Lane,
Bedhampton, Havant
PO9 3DR
023 9247 5909
www.st-thomasmores.hants.sch.uk
Head Jeff Sendall



St. Paul's Primary School

Bourne Road,
Paulsgrove, Portsmouth
PO6 4JD
023 9237 5488
www.st-pauls.portsmouth.sch.uk
Head: Zoe Killick



Portsmouth Hospitals University

NHS Trust

Queen Alexandra Hospital

Southwick Hill Road, Portsmouth
PO6 3LY
023 9228 6000
www.porthosp.nhs.uk



Purbrook Heath Road, Waterlooville
PO7 5RU
023 9225 0001
www.rowanshospice.co.uk