

CHRIST THE KING & ST. COLMAN (Bitterne) OUR LADY OF THE ASSUMPTION (Hedge End) ST. BRIGID (West End)

Catholic Diocese of Portsmouth

Registered Charity number 1199568

Parish Priest: Fr. Elijah Fru Nde (emergency use phone number 0777 466 7010)

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2nd Sunday in Lent (Year A, Cycle 2)

1st March 2026

Reflection from Fr Elijah: This is my Beloved Son, listening to Him!

On this 2nd Sunday of Lent, the Church presents the mystery of the Transfiguration of Jesus. Jesus takes Peter, James, and John up a high mountain. There, before their eyes, His face shines like the sun and His garments become dazzling white. For a moment, the veil is lifted, and the disciples behold the glory that belongs eternally to Jesus Christ.

The Transfiguration occurs immediately after Jesus foretells His Passion. The glory of Tabor is inseparable from the suffering of Calvary. The Father's voice declares, "This is my beloved Son... listen to him." The command is precise. Discipleship is not built on emotional highs or spiritual consolations, but on obedient listening. When Jesus speaks of the Cross, we must listen. When He teaches forgiveness, humility, and self-denial, we must listen. Just as Abraham, in the first reading of today, trusted God's promise and set out into the unknown, we too are called to walk by faith, even when the path leads through sacrifice.

Peter wants to build tents and remain in the splendour. But the vision fades. They must descend the mountain and walk toward Jerusalem. Lent mirrors this pattern. We are invited into prayer, fasting, and almsgiving not as escapes, but as preparation. We ascend spiritually so that we can return to daily life transformed.

The Transfiguration strengthens faith. It assures us that beyond suffering lies glory, beyond sacrifice lies resurrection. As we continue our Lenten journey, we are called to fix our gaze on Christ – radiant in divinity, resolute in His path to the Cross – and to follow Him with trust.

Mass Times and Intentions

2nd Week in Lent

Exposition & Rosary at 9.30am before Mass (Tue-Fri). Sacrament of Confession is available on request.

Mass Intentions can be requested through Fr Elijah or the Parish Office.

Date	Times & Location			Mass Intentions & Feasts
Sun 1 st March	9.15am	OLA	Mass	For the people
	11am	CKSC	Mass	For the people
	5.30pm	SB	Mass	For Sheila & Sydney Derick RIP
	6pm	CKSC	Mass (in Polish)	
Tue 3 rd March	10am	OLA	Mass	In thanksgiving to God on their birthday, SA & HA
Wed 4 th March	10am	SB	Mass	
Thur 5 th March	10am	CKSC	Mass	For Angela Reid RIP
Fri 6 th March	10am	OLA	Mass	For Divine healing on the family and good health for Sabastian Samgwa
Sat 7 th March	10am	CKSC	Mass	In thanksgiving
Sun 8 th March	9.15am	OLA	Mass	In thanksgiving for Donald Hedges on his 75 th birthday
	11am	CKSC	Mass	In thanksgiving for Pat O'Donovan on his birthday
	5.30pm	SB	Mass	For the people
	6pm	CKSC	Mass (in Polish)	

This Sunday's readings can be found at <https://universalis.com/europe.english/20260301/mass.htm>

Second collection – 1st March – Cafod

Within our Parish

Easter Liturgy Planning Meeting: will be taking place on Tuesday 3rd March at Christ the King & St Colman at 7pm. All wishing to contribute are welcome to attend.

World Day of Prayer Service: Our 2026 service is on Friday 6th March at 7pm. The venue is St John's Church, St John's Road, Hedge End SO30 4AF. The Service this year has been written by the women of Nigeria with the theme 'I Will Give You Rest. Come!' Please join us & bring friends & family.

First Friday Soup: Please join us for a lunch of delicious homemade soup with crusty bread at about 12 noon on Friday 6th March in Our Lady of the Assumption Church Hall. Last month your donations for soup raised an amazing £110! So please coming along and let's make an "extra special effort" for CAFOD this Lent. We look forward to welcoming you.

Dare to Ask: This is a 5 week course on our Baptism, that has been designed to use during Lent by Southwark Diocese. It is being run in Christ the King and St Colman church 7.30-9pm starting Wednesday 4th March and finishing Wednesday 1st April. All welcome. For more information take a look at the Portsmouth Diocese newsletter. Look forward to travelling with you.

Lent Morning of Reflection: On Friday 13th March 2026, please join us after the 10:00 a.m. Mass in the OLA Hall. This will be an opportunity to pause, pray, reflect on a passage of scripture and prepare our hearts as we continue our Lenten journey. Please feel free to bring a shared lunch to enjoy together afterwards. All are welcome.

Stations of the Cross: is a simple, centuries-old 30-45 min Lenten devotion to which all are very welcome. We reflect humbly on the events around Jesus's death, and their meaning for our lives. As usual OLA and St Brigid's alternate on Wednesdays (7.30pm) throughout Lent: St Brigid's on 4th and 18th March, 1st April; OLA on 11th and 25th March.

Within the Diocese and Beyond

CAFOD Family Fast Day Collection: This Lent, live out the Gospel call to love your neighbour. By fasting and giving what you save, you join in Christ's compassion and help another family put food on the table. Your donation can help families around the world grow food in difficult conditions – such as on flood-resistant floating gardens or using solar-powered water pumps in times of drought. Collect a CAFOD envelope to bless others with your support, donate online at cafod.org.uk/envelope or call **0303 303 3030**. Text **CAFODLENT to 70085** to donate £10.



Recurring Events

Our Lady of the Assumption – Hedge End

- Tea, coffee, biscuits & friendly chat in the hall every Sunday after Holy Mass
- Children's liturgy during Mass every 3rd Sunday of the month (not during summer holidays)

Christ the King & St Colman – Bitterne

- Prayer group every Thursday 10.30am-12 noon
- Children's liturgy for 4 to 7-year-olds every Sunday during term time

St Brigid – West End

- Cake & coffee after Mass on 2nd Sunday of the month; folk Mass on 4th Sunday
- Rosary & Exposition at 9.30am each Wednesday, before Mass

The next Parish Pastoral Council meeting is on the 5th March, please submit any points of discussion to the office.

Continuing to Support the Church

Please consider setting up a **standing order**.

For Christ the King & St Colman:

Account Name: CDP Christ the King & St Colman
Sort code: 30-93-04
Account Number: 00887553



For Our Lady of the Assumption and St Brigid:

Account Name: CDP Hedge End Our Lady
Sort code: 30-93-04
Account Number: 00879747

Please mention which fund you are donating to as a reference.
Make out cheques for Fr Elijah to Rev Fru N Elijah
Thank you for your support