



**Diocese of Portsmouth**  
**South East Hampshire Pastoral Area**  
**Jesus Prince of Peace**  
**Catholic Communities of**  
**SACRED HEART OF JESUS**  
**& ST. PETER THE APOSTLE**



356 London Road, Waterlooville, PO7 7SR

**ST EDMUND OF ABINGDON**

Napier Road, Horndean PO8 9LR

*Catholic Diocese of Portsmouth Registered Charity no. 1199568*

Parochial Administrator: **Rev. Fr. James Lewis**  
 Assistant Priest: **Rev. Fr. Tom Hiney**

The Presbytery, 356a London Road, Waterlooville, Hants PO7 7SR  
 023 9226 2289 [office@waterlooville-catholic.org.uk](mailto:office@waterlooville-catholic.org.uk)

Sacred Heart Webpage:

[www.portsmouthdiocese.org.uk/parish/sacred-heart-of-jesus-and-st-peter-the-apostle-waterlooville/](http://www.portsmouthdiocese.org.uk/parish/sacred-heart-of-jesus-and-st-peter-the-apostle-waterlooville/)

Livestreaming at Sacred Heart:

[www.youtube.com/@heartstream2838](http://www.youtube.com/@heartstream2838)

St. Edmund Website:

[www.stedmundhorndean.org.uk](http://www.stedmundhorndean.org.uk)

Livestreaming at St Edmund:

[www.youtube.com/@stedmundhorndean4491/streams](http://www.youtube.com/@stedmundhorndean4491/streams)

Havant Pastoral Area Webpage:

[www.portsmouthdiocese.org.uk/parish/havant-pastoral-area/](http://www.portsmouthdiocese.org.uk/parish/havant-pastoral-area/)



**FIRST SUNDAY OF LENT**

**21 / 22 FEBRUARY 2026**

**Fr. Tom writes...**

We hope people will join us for the mini-retreats happening over Lent at St Michael's, starting each Saturday at 11am, with a bring-and-share lunch at the end for those brave enough to stay on and meet others. In Catholic spirituality, a retreat can be anything from switching your phone off over a lunch break to spending 40-days at a monastery. It is time we give to God, in the hope that He will use our willingness as an opportunity to draw us closer to Him. God is not like anything around us. What we see with our eyes in nature is created while He is the Creator. We may see touches of his glory in a cloud-encircled mountain at sunrise, or the trusting face of a child, but He himself is beyond the ability of telescope and microscope to calibrate, or poetry and prose to fully express. He is literally infinite in both wisdom and in scope. Lent is a great time to embrace the deep reality of our God. When we do that, it is hard to take ourselves as seriously as we are prone to. Although it is uncomfortable to be reminded that God (and not us) is the centre of the Universe, the ground of all being, it is also a great relief. He, and not us, has ultimate responsibility. It is up to us to cooperate with His will, not to devise it. Our unhappiness does not lead to selfishness and sin so quickly when we remember that God loves us, and died for us in order that we might be with Him forever. We are not there yet, and this world remains a valley of tears, even with faith, but with God it is also a valley of His love, which breaks into our lives again and again, as we stumble towards Him. No one shows this posture better than the saints, and each of the mini-retreats will begin with a 30-min meditation on one of them, and how they managed to combine both joy and sorrow in ways that were so pleasing to God.

**NOTICES & FORTHCOMING EVENTS**

**Amare Memoriae**

We pray for the rest and peace of the soul of Nora Mary Cronin who has died recently. Please remember Nora's family and friends at this difficult time. Her Funeral will be on Thursday 5 March @ 12noon at Sacred Heart.

Parishioners will be saddened to hear of the death of Sister Angela, who has died recently. May the Lord reward her for a life dedicated to him.



## Visiting the Sick and Housebound (Sacred Heart)

If you know anybody or you yourself would like visits from a priest or a parishioner, please get in touch with our Extraordinary Minister of Holy Communion Lead, Joy Hastilow, who would love to support you in this. Please contact Joy: [emhc@portsmouthdiocese.org.uk](mailto:emhc@portsmouthdiocese.org.uk) or 07948 205237.

## Hymns at Sacred Heart:

For those attending the 11am Sunday Mass at Sacred Heart, if you would like to familiarise yourself with the hymns in advance of the service please follow the links below:

Processional – *Entrance Antiphon*

Offertory – And now O Father, mindful of the love [www.youtube.com/watch?v=ZCOy1r-45jw](http://www.youtube.com/watch?v=ZCOy1r-45jw)

Communion – Above all [www.youtube.com/watch?v=gHiaAH2dcpg](http://www.youtube.com/watch?v=gHiaAH2dcpg)

Communion – God of mercy and compassion [www.youtube.com/watch?v=Yqq-XblzX-g](http://www.youtube.com/watch?v=Yqq-XblzX-g)

Recessional – Give thanks [www.youtube.com/watch?v=5waffTnMH6g](http://www.youtube.com/watch?v=5waffTnMH6g)

## Volunteers Meal

John McCormack writes... Our annual Volunteers Thank You meal will be on 28 February @ 7pm, straight after Saturday evening Mass. If you freely give your time to any event to support the parish, from singing in the choir, cleaning the church, maintaining our beautiful gardens, counting the coins, in fact any supportive role for the life of our church then you are invited. Please email [johnmcc-2010@hotmail.co.uk](mailto:johnmcc-2010@hotmail.co.uk)

## World Day of Prayer 2026

St. John the Baptist Church, London Road, Purbrook on Friday 6 March @2pm. A service for everyone! Parking opposite behind the shops or take the bus. No 8 stops right outside. All the Churches in the area from Christchurch, Portsdown to Catherington/Clanfield are participating in this one wonderful ecumenical service. Refreshments after. More information from Elizabeth 07791 753545.

## Jesus Prince of Peace Quiz Night Fundraising for the Jesuit Refugee Service (JRS)

Join us on **Saturday 7 March** for an epic London Marathon fundraiser Quiz Night at the Sacred Heart of Jesus and St Peter the Apostle Church, Waterlooville. Doors open at 7:15pm for a 7:30 start.

To book tickets contact James Ryan (St Edmund's Horndean): [events@stedmundhorndean.org.uk](mailto:events@stedmundhorndean.org.uk) please put which church/community you are part of in the email.

Tickets are £10 per person, either in cash or by bank transfer to St Edmund's Horndean:

**Bank Transfer:** CDP Horndean St. Edmund

Sort Code: 30-93-04

Account Number: 00880222

Reference: [Your Surname] JRS Quiz Night

We look forward to welcoming you on the night and giving the team who crosses the finishing line a joyous prize! James will take on the London Marathon course in April this year, running 26.2 miles, with the hope of raising £2000 for the JRS.

## LENT 2026

Lent is a season in the Church's calendar when we're invited for forty days to find time for prayer and fasting. It's an opportunity for spiritual growth as we prepare to commemorate the suffering and death of Jesus Christ and the celebration of his resurrection at Easter. These six weeks mirror the amount of time that Jesus spent in the desert to fast and pray.

### At Sunday Mass the following differences are observed to mark the change of season:

- The entrance procession is silent
- We kneel for the Penitential Rite
- The penitential rite is the triple trope formula
- There is no Gloria
- There are no Alleluias
- The Mass prayers are recited on a monotone
- The Apostles' Creed substitutes the usual Nicene Creed
- One of the Eucharistic Prayers for Reconciliation is used
- We use the English Plainchant settings from the Missal for the Holy, holy and Lamb of God
- There is an extra Prayer Over the People after Communion.

There are no floral arrangements as it is a penitential season.

There are no Baptisms as it is a season of preparation for Baptism.

There will be an **extra Mass at 7am on Thursday** (please check newsletter on a weekly basis). If you would like to book a Mass for a loved one, occasion, private intention or thanksgiving during this time please contact Lisa at the Presbytery to arrange. Small brown Mass Offering envelopes can be found in the narthex.

- **Lenten Station Masses (All Tuesdays)**

*6pm – Adoration & Reconciliation, 7pm Station Mass followed by supper*

- 24 February at St Joseph, Havant
- 3 March at St Edmund, Horndean
- 10 March at St Colman, Cosham
- 17 March at St Patrick, Hayling Island
- 24 March at St Michael & All Angels, Leigh Park

- **Big Lent Community Walk!**

Ready for a challenge! Everyone is invited to join the Lent walk again this year on Saturday 14 March, from St. Thomas', Emsworth (9.30am) to St. Joseph's (11am) and St. Michael & All Angels, Leigh Park (11am), finishing with a soup lunch at St. Joseph's at 12.30pm. Emsworth and Leigh Park. Please contact Maureen [mthompson@cafod.co.uk](mailto:mthompson@cafod.co.uk) for more details.

- **Easter Egg Appeal**

*Can you help us give an Easter Egg to seafarers this Easter?*

Stella Maris Chaplains and Volunteer ship visitors will be visiting ships in our Southern ports during Holy Week and after Easter, and expect to bring this great celebrating to many hundreds of seafarers who remain confined to their ships at this time, without the prospect of taking shore leave or visiting a church. Together with faith materials, we would like to offer Easter Eggs and chocolates, the international symbol of celebration of this Solemnity of Solemnities, and would greatly appreciate the support of parishes.

*We need to prepare now. Can you help us by donating Easter Eggs and chocolate?*

Please bring them in when coming along to Mass and leave them in the Sacristy or drop them off the parish office where they will be kept safe.

## LITURGICAL WEEK

DATE	TIME	LITURGICAL CELEBRATION	VENUE	MASS INTENTION
<b>Saturday 21 February</b> After Ash Wednesday <b>Vigil FIRST SUNDAY OF LENT</b>	11.30am 12noon 5pm 5-6pm 5.30-6pm 6.15pm	Adoration & Confession Mass Stations of the Cross Adoration Confession Mass	St Michael St Michael Sacred Heart Sacred Heart Sacred Heart Sacred Heart	Margaret Beauvoisin, RIP (FM)
<b>Sunday 22 February</b> <b>FIRST SUNDAY OF LENT</b>	9am  9.30am 11am 4pm 5.30pm	Mass  Mass Mass Mass	St Edmund  St Michael Sacred Heart QA Hospital Chapel Sacred Heart	Special Intention for J Gilroy's 3 cousins in USA  People of the Parish  Madeleine Cunningham, RIP
<b>Monday 23 February</b> Feria [1st Week of Lent]	7am 7.30am 12.30pm	Mass Holy Hour Mass	Sacred Heart Sacred Heart QA Hospital Chapel	Dec'd members of Walton family
<b>Tuesday 24 February</b> Feria [1st Week of Lent]	7.30am 6pm 7pm	Holy Hour Adoration & Confession Lenten Station Mass	Sacred Heart St Joseph St Joseph	
<b>Wednesday 25 February</b> Feria [1st Week of Lent]	7.30am 10.15am  11.30am 12noon	Holy Hour Mass followed by Adoration Adoration Mass	Sacred Heart St Michael St Michael Sacred Heart Sacred Heart	Maurice & Catherine Cremin, RIP
<b>Thursday 26 February</b> Feria [1st Week of Lent]	7am 7.30am 9.30am 10am	Mass Holy Hour Adoration & Confession Mass	Sacred Heart Sacred Heart St Edmund St Edmund	Holy Souls  Arlene Lodrick & Emmy Willis RIP Dec'd mem of Lodrick, d'Esperance & Adams fam
<b>Friday 27 February</b> Feria [1st Week of Lent]	7.30am 11.30am 12noon	Holy Hour Adoration Mass	Sacred Heart Sacred Heart Sacred Heart	James Leigh, RIP
<b>Saturday 28 February</b> Feria [1st Week of Lent] <b>Vigil SECOND SUNDAY OF LENT</b>	11.30am 12noon 5pm 5-6pm 5.30-6pm 6.15pm	Adoration & Confession Mass Stations of the Cross Adoration Confession Mass	St Michael St Michael Sacred Heart Sacred Heart Sacred Heart Sacred Heart	Thanksgiving Austin Francis D'Costa
<b>Sunday 1 March</b> <b>SECOND SUNDAY OF LENT</b>	9am  9.30am 11am 4pm 5.30pm	Mass  Mass Mass Mass	St Edmund  St Michael Sacred Heart QA Hospital Chapel Sacred Heart	Mick Woodgate, RIP & Deceased members of the Woodgate family  People of the Parish  Madeleine Cunningham, RIP

## WHAT'S GOING ON THIS WEEK...

DATE	EVENT	TIME	VENUE
<b>Saturday</b> 21 February	<b>Mini-Retreat Days</b> Everyone is invited to the Mini-Retreat Days, every Saturday during Lent.	11am	St Michael & All Angels
<b>Sunday</b> 22 February	<b>Prayer Ministry:</b> Join us on the last Sunday of every month for prayer stations with availability for those who would like individual prayer.	After 5.30pm Mass	Sacred Heart Church
<b>Monday</b> 23 February	<b>Team Clean:</b> Remember that Cleanliness is next to Godliness. Why not join the 'Team Clean' to ensure His house is always clean and tidy. Give it a try - the Team are very friendly bunch.	9-10am	Sacred Heart Church
	<b>The Biblical Timeline Course</b> Learn how the Bible Testaments fit together beautifully, allowing prophecy and fact to link together giving us the bedrock of our faith.	6.45pm	Sacred Heart Narthex
<b>Tuesday</b> 24 February	<b>Rosary Group</b> All welcome to join our weekly Rosary Group, just pop along!	6.45pm	Sacred Heart Church
<b>Thursday</b> 26 February	<b>Dementia Support Group</b> Fourth Thursday of the month. Dementia care for a loved one is hard and no one has is given a personalised guide book. Come and get support from local ex-NHS Specialist Dementia Coach Nikki Shepherd and Senior Care Staff. Our group aims to build you more support, aid in understanding of the condition to help you. Plus fun and chatter. Light refreshments available.	2-3.30pm	Denmead Grange Care Home, Parklands Business Park, Forest Road, Denmead PO7 6XP
	<b>Ecumenical Lenten Course with Churches Together at Horndean</b> If you are interested in joining the 'Talking Jesus' Lent course, please scan the QR code above and to sign up. The sessions are on Mondays @ 7.30pm at All Saints', Catherington and Thursdays @ 11am (after mass) at St. Edmund, Horndean.		11am
<b>Friday</b> 27 February	<b>CAFOD Family Fast Day</b> There will be a second collection at all Masses on the weekend of 28 February/1 March for CAFOD. There will be GA envelopes available on 21/22 February for your Fast Day donation – If you are a UK taxpayer, GA will add 25% to your donation at no extra cost to you. This Family Fast Day, let's show love to our neighbours, eat simply and give generously, so another family can put food on the table.		All day
<b>Saturday</b> 28 February	<b>Churches Together Prayer Breakfast</b> If you are a morning person and would like to join others for breakfast and prayer for one hour on a Saturday morning please do come and join us for our Churches Together Ecumenical Breakfast that takes place in and around Horndean. These happen on the fourth Saturday of each month.	8.30am	Holy Trinity Blendworth
	<b>Social teaching and Practical Action</b> Our pastoral area Justice, peace and social action group are organising an event to encourage a deeper understanding of Bible teaching on life and dignity, for every life is precious. Fr Andrew Wagstaff will offer some teaching followed by tea and chat together. Finally we have invited a speaker with practical experience of working in hospital/ hospice to help reflect on how we might better support. Please come along you and support at the meeting, also option to stay for Mass at 6pm.	4-5.30pm	St Colman Church
<b>Sunday</b> 1 March	<b>Think &amp; Drink</b> Join us for a new initiative embracing faith, fellowship and fun for young adults (18+). Gathering in the Narthex at Sacred Heart Church after the 6.30pm Mass on the first Sunday of every month and walking across to the Woodpecker Pub on London Road.	6.30pm	Sacred Heart Church

# Contact Us...

Administrative Lead:

Susan Siou

[office@waterlooville-catholic.org.uk](mailto:office@waterlooville-catholic.org.uk)

023 9226 2289

Monday 10am-12noon

Tuesday-Thursday 10am- 1pm

Sacred Heart Mass Intentions & Housekeeping:

Lisa Wingrove-Cross

[Intentions@waterlooville-catholic.org.uk](mailto:Intentions@waterlooville-catholic.org.uk)

[housekeeping@waterlooville-catholic.org.uk](mailto:housekeeping@waterlooville-catholic.org.uk)

023 9226 2289

Monday 10am-3pm

Tuesday & Thursday 10am-4pm

Sacred Heart Parish Centre Coordinator:

Angela McLaughlin

[parishcentre@waterlooville-catholic.org.uk](mailto:parishcentre@waterlooville-catholic.org.uk)

023 9226 2289

Monday-Friday 10am-12noon

Sacred Heart Accounting & Gift Aid:

Yvonne Hands

[accounts@waterlooville-catholic.org.uk](mailto:accounts@waterlooville-catholic.org.uk)

Sacred Heart EMHC Coordinator:

Joy Hastilow

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Sacred Heart Safeguarding Representative:

Liz Holford

[safeguarding@waterlooville-catholic.org.uk](mailto:safeguarding@waterlooville-catholic.org.uk)

Sacred Heart Altar Servers:

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Alpha:

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Youth Alpha/Confirmation:

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Sacred Heart GDPR Representative:

Pam Hales

[gdpr@waterlooville-catholic.org.uk](mailto:gdpr@waterlooville-catholic.org.uk)

Care in the Community Including Christmas Fair,  
Toy & Clothes Sales:

Nina McCormack

[careinthecommunity@waterlooville-catholic.org.uk](mailto:careinthecommunity@waterlooville-catholic.org.uk)

Administrator & hall bookings:

Yvonne Hands

[office@stedmundhorndean.org.uk](mailto:office@stedmundhorndean.org.uk)

023 9226 2289

Monday 10.30am-1.30pm

Thursday 10.30am-2pm

Friday 11am-2.30pm

Health & Safety Representative for St Edmund:

Lucia Durbin

[accounts@stedmundhorndean.org.uk](mailto:accounts@stedmundhorndean.org.uk)

07976 814687

St Edmund Mass Intentions:

Joanne Webb

[intentions@stedmundhorndean.org.uk](mailto:intentions@stedmundhorndean.org.uk)

07552 235666

St Edmund EMHC Coordinator:

Silverius Sittampalam

[ministry@stedmundhorndean.org.uk](mailto:ministry@stedmundhorndean.org.uk)

023 9226 1511

St Edmund Safeguarding Representative:

Michael White

[safeguarding@stedmundhorndean.org.uk](mailto:safeguarding@stedmundhorndean.org.uk)

St Edmund Gift Aid Organiser:

Niall Lawless

[ga@stedmundhorndean.org.uk](mailto:ga@stedmundhorndean.org.uk)

Repairs & Maintenance for St Edmund:

Lucia Durbin

[accounts@stedmundhorndean.org.uk](mailto:accounts@stedmundhorndean.org.uk)

07976 814687

There is also a Defects Book in the hall

St Edmund Visiting Group:

Margaret Whyte

023 9259 7826



# JESUS PRINCE OF PEACE



## Sacred Heart & St Peter the Apostle

356 London Road, Waterlooville PO7 7SR  
Fr. James Lewis  
Administrative Lead: Susan Siou  
023 9226 2289  
[office@waterlooville-catholic.org.uk](mailto:office@waterlooville-catholic.org.uk)



## St Edmund

Napier Road, Horndean PO8 9LR  
Fr. James Lewis  
Parish Administrator: Yvonne Hands  
023 9226 2289  
[office@stedmundhorndean.org.uk](mailto:office@stedmundhorndean.org.uk)



## St Michael & All Angels

437 Dunsbury Way,  
Leigh Park PO9 5BD  
Fr. James Lewis  
Parish Secretary: Ellen McCarthy  
023 9248 4323  
[office@stmichaelsleighpark.org.uk](mailto:office@stmichaelsleighpark.org.uk)



## St Joseph

134 West St, Havant PO9 1PL  
Fr. Joe Gruszkiewicz  
Office & Hall Bookings: Vicky McGuigan  
023 9248 4520  
[office@rchavant.com](mailto:office@rchavant.com)



## Ss Thomas

24 New Brighton Road, Emsworth  
PO10 7PS  
Fr. Joe Gruszkiewicz  
Parish Administrator: Vicky McGuigan  
023 9248 4520  
[office@rchavant.com](mailto:office@rchavant.com)



## St Patrick

Manor Road, Hayling Island PO11 0QU  
Fr. Mark Whiting  
Parish Administrator: Vicky McGuigan  
023 9246 3854  
[haylingisland@portsmouthdiocese.org.uk](mailto:haylingisland@portsmouthdiocese.org.uk)



## St Colman with St. Paul

St Colman Ave, Cosham PO6 2JJ  
Fr. Andrew Wagstaff  
Parish Administrator: Zia Collins  
023 9237 6151  
[scsp@portsmouthdiocese.org.uk](mailto:scsp@portsmouthdiocese.org.uk)



## Our Lady of the Nativity & St. Paul, Syro Malabar Catholic Church

Allaway Avenue, Paulsgrove PO6 4DJ  
Fr. John Pulinthanath  
07880 321694  
[olonandstpaul@csmegb.net](mailto:olonandstpaul@csmegb.net)

## Oaklands Catholic School & Sixth Form College

Stakes Hill Road,  
Waterlooville PO7 7BW  
023 9225 9214  
[www.oaklandscatholicsschool.org](http://www.oaklandscatholicsschool.org)  
Executive Headteacher:  
Richard Cunningham



## St. Peter's Primary School

Stakes Hill Road,  
Waterlooville PO7 7BP  
023 9226 2599  
[www.stpeterswaterlooville.co.uk](http://www.stpeterswaterlooville.co.uk)  
Executive Headteacher:  
Richard Cunningham



## St. Thomas More's Primary School

Hooks Lane,  
Bedhampton, Havant  
PO9 3DR  
023 9247 5909  
[www.st-thomasmores.hants.sch.uk](http://www.st-thomasmores.hants.sch.uk)  
Head Jeff Sendall



## St. Paul's Primary School

Bourne Road,  
Paulsgrove, Portsmouth  
PO6 4JD  
023 9237 5488  
[www.st-pauls.portsmouth.sch.uk](http://www.st-pauls.portsmouth.sch.uk)  
Head: Zoe Killick



## Portsmouth Hospitals University

NHS Trust  
**Queen Alexandra Hospital**  
Southwick Hill Road, Portsmouth  
PO6 3LY  
023 9228 6000  
[www.porthosp.nhs.uk](http://www.porthosp.nhs.uk)



Purbrook Heath Road, Waterlooville  
PO7 5RU  
023 9225 0001  
[www.rowanshospice.co.uk](http://www.rowanshospice.co.uk)