



**Diocese of Portsmouth**  
**South East Hampshire Pastoral Area**  
**Jesus Prince of Peace**  
**Catholic Communities of**  
**SACRED HEART OF JESUS**  
**& ST. PETER THE APOSTLE**  
356 London Road, Waterlooville, PO7 7SR



**ST EDMUND OF ABINGDON**  
Napier Road, Horndean PO8 9LR

*Catholic Diocese of Portsmouth Registered Charity no. 1199568*

Parochial Administrator: **Rev. Fr. James Lewis**  
Assistant Priest: **Rev. Fr. Tom Hiney**

The Presbytery, 356a London Road, Waterlooville, Hants PO7 7SR  
023 9226 2289 [office@waterlooville-catholic.org.uk](mailto:office@waterlooville-catholic.org.uk)

**Sacred Heart Webpage:**

[www.portsmouthdiocese.org.uk/parish/sacred-heart-of-jesus-and-st-peter-the-apostle-waterlooville/](http://www.portsmouthdiocese.org.uk/parish/sacred-heart-of-jesus-and-st-peter-the-apostle-waterlooville/)

**Livestreaming at Sacred Heart:**

[www.youtube.com/@heartstream2838](http://www.youtube.com/@heartstream2838)

**St. Edmund Website:**

[www.stedmundhorndean.org.uk](http://www.stedmundhorndean.org.uk)

**Livestreaming at St Edmund:**

[www.youtube.com/@stedmundhorndean4491/streams](http://www.youtube.com/@stedmundhorndean4491/streams)

**Havant Pastoral Area Webpage:**

[www.portsmouthdiocese.org.uk/parish/havant-pastoral-area/](http://www.portsmouthdiocese.org.uk/parish/havant-pastoral-area/)



**THIRD SUNDAY IN ORDINARY TIME**

**24/25 JANUARY 2026**

**Fr. Tom writes...**

**What is Prayer?**

People new to the Church sometimes presume that everyone else knows how to pray. Not just having all the responses, Creeds and prayers memorised for liturgy, but (including during those moments) how to actually, interiorly, *pray* to God. But, in fact, prayer is very personal, and many people, including monks and nuns, struggle at times with distraction and uncertainty when it comes to prayer. This should not surprise us, since – if one thinks about it – even to say a blessing over one's meal is to address the Eternal Creator of the universe. It can give one vertigo to think about it.

The 1992 *Catechism of the Catholic Church*, which is such a treasure in so many ways, and far more readable than many people imagine, opens its section on prayer with the humble question: *What is prayer?* It then quotes the wonderful definition St Therese of Lisieux offers in her autobiography: "For me, prayer is a surge of the heart; it is a simple look turned towards heaven, it is a cry of recognition and of love, embracing both trial and joy." There are, the catechism explains, four broad categories of prayer, one of which is 'Intercession', where we explicitly ask God to help us with a particular situation, be it by granting us courage to face it, or some miraculous change.

After the 5.30pm Mass at Sacred Heart this coming Sunday (25/1), there will be prayer ministry available for anyone wanting that kind of prayer on their behalf. The following Saturday (31/1), Fr Joe from St Joseph's will be running a healing retreat at St Michael's either side of the usual 12 noon Mass (arrive by 11.30am if you would like to be a part of the retreat) that will focus on healing problems that have been running down family trees for generations. If either opportunity appeals, just come along.

**Admittance to Hospital?**

When a Catholic is admitted to hospital, the family should ensure that the Catholic Chaplaincy is contacted so that appropriate support can be given. It is suggested that the patient have a note to give to hospital staff on admission, notifying staff that they are Catholic and would appreciate the Catholic Chaplaincy service. This could be followed up by a telephone call from the family to the ward to ensure the request is actioned. When a person is due to go into hospital, please also let your parish priest know so that he can administer the Sacrament of the Sick where appropriate.

DATE	TIME	LITURGICAL CELEBRATION	VENUE	MASS INTENTION
<b>Saturday 24 January</b> St Francis de Sales, Bishop, Doctor of the Church, m <b>Vigil THIRD SUNDAY IN ORDINARY TIME</b>	11.30am 12noon 5-6pm 6.15pm	Adoration & Confession Mass Holy Hour & Confession Mass	St Michael St Michael Sacred Heart Sacred Heart	Jerome Govere, RIP
<b>Sunday 25 January</b> <b>THIRD SUNDAY IN ORDINARY TIME</b>	9am 9.30am 11am 4pm 5.30pm	Mass Mass Mass Mass Mass	St Edmund St Michael Sacred Heart QA Hospital Chapel Sacred Heart	William Joseph White, RIP People of the Parish Laurie Stephens, RIP
<b>Monday 26 January</b> St Timothy, Bishop, Martyr & St Titus, Bishop, mem	7.30am 12.30pm	Holy Hour Mass	Sacred Heart QA Hospital Chapel	
<b>Tuesday 27 January</b> Feria [3rd Week in OT]	7.30am 6pm 6.30pm	Holy Hour Adoration Mass	Sacred Heart St Edmund St Edmund	Fr. Daniel, Intention
<b>Wednesday 28 January</b> St Thomas Aquinas, Religious, Doctor of the Church, memorial	7.30am 10.15am 11.30am 12noon	Holy Hour Mass followed by Adoration Adoration Mass	Sacred Heart St Michael St Michael Sacred Heart Sacred Heart	Patricia Sheppard, RIP (FM)
<b>Thursday 29 January</b> Feria [3rd Week in OT]	7.30am 9.30am 10am	Holy Hour Adoration & Confession Mass	Sacred Heart St Edmund St Edmund	Michael James Coyle, RIP
<b>Friday 30 January</b> Feria [3rd Week in OT]	7.30am 11.30am 12noon	Holy Hour Adoration Mass	Sacred Heart Sacred Heart Sacred Heart	Diana Beston
<b>Saturday 31 January</b> St John Bosco, Founder, m <b>Vigil FOURTH SUNDAY IN ORDINARY TIME</b>	11.30am 12noon 5-6pm 6.15pm	Adoration & Confession Mass Holy Hour & Confession Mass	St Michael St Michael Sacred Heart Sacred Heart	John & Kathleen Fleming, RIP
<b>Sunday 1 February</b> <b>FOURTH SUNDAY IN ORDINARY TIME</b>	9am 9.30am 11am 4pm 5.30pm	Mass Mass Mass Mass Mass	St Edmund St Michael Sacred Heart QA Hospital Chapel Sacred Heart	Margaret Sopwith, RIP Paul Crombie, RIP (FM) People of the Parish

## WHAT'S GOING ON THIS WEEK...

DATE	EVENT	TIME	VENUE
<b>Saturday</b> 24 January	<b>Churches Together Prayer Breakfast:</b> If you are a morning person and would like to join others for breakfast and prayer for one hour on a Saturday morning please do come and join us for our Churches Together Ecumenical Breakfast that takes place in and around Horndean. These happen on the fourth Saturday of each month.	8.30am	All Saints, Catherington
<b>Sunday</b> 25 January	<b>Churches Together Service for Christian Unity Week:</b> One Body, One Spirit. Prayers and reflections for the Week of Prayer for Christian Unity have been prepared by the faithful of the Armenian Apostolic Church, along with their brothers and sisters of the Armenian Catholic and Evangelical Churches.	3.30pm	St James, Clanfield
	<b>Prayer Ministry:</b> See Fr. Tom writes...	after the 5.30pm Mass	Sacred Heart Church
<b>Monday</b> 26 January	<b>Team Clean:</b> Remember that Cleanliness is next to Godliness. Why not join the 'Team Clean' to ensure His house is always clean and tidy. Give it a try - the Team are very friendly bunch.	9-10am	Sacred Heart Church
<b>Tuesday</b> 27 January	<b>Rosary Group:</b> All welcome to join our weekly Rosary Group, just pop along!	6.45pm	Sacred Heart Church
<b>Sunday</b> 1 February	<b>Think &amp; Drink</b> – 1 <sup>st</sup> Sunday of every month Faith, fellowship and fun for young adults (18+). Gathering in the Narthex at Sacred Heart Church after the 5.30pm Mass on the first Sunday of every month and walking across to the Woodpecker Pub on London Road. Around 7pm start for those going straight there.	5.30pm	Sacred Heart Church

# NOTICES & FORTHCOMING EVENTS

## Parish Office

Please be aware the parish office will be closed on Tuesday 27 January as the staff will be attending a training day in Basingstoke.

## While Fr. James is away

Fr. James is taking annual leave from Tuesday 27 January until Tuesday 17 February. Please keep him in your prayers and he promises to pray for all of us when he is away. Fr. Tom will be here, steering the ship while Fr. James is away. As always, if you require a priest in an emergency, out of office hours, please call 023 9226 2289 and dial 9 when prompted.

## Visiting the Sick and Housebound (Sacred Heart)

If you know anybody or you yourself would like visits from a priest or a parishioner, please get in touch with our Extraordinary Minister of Holy Communion Lead, Joy Hastilow, who would love to support you in this. Please contact Joy: [emhc@portsmouthdiocese.org.uk](mailto:emhc@portsmouthdiocese.org.uk) or 07948 205237.



## This weekend: Annual Collection for the Cathedral

Our Cathedral is situated in the most deprived part of the diocese. The parish collection covers just over half of the ordinary running costs of £5,000 per week. Please support the second collection this weekend. Never has this annual collection by parishes for the mother church of the diocese been more critical or needed. Please scan this QR code to donate online.

## Baptism into the life of Jesus and the Church

We welcome into the family of the Catholic Church, Maxim John Shilton Barlow, who will be baptised this weekend. Please pray for Maxim, his parents, Godparents and families, that God will bless and guide him through the journey of life.

## Confirmation 2026

This Sunday, during the 5.30pm Mass, we welcome the 56 Confirmandi for Enrolment. Please pray for the young people and the catechists who will be preparing them for Confirmation in June, that they may be strengthened in their faith.

## Hymns at Sacred Heart:

For those attending the 11am Sunday Mass at Sacred Heart, if you would like to familiarise yourself with the hymns in advance of the service please follow the links below:

Processional – In Christ alone [www.youtube.com/watch?v=zErPFRMqnu0](https://www.youtube.com/watch?v=zErPFRMqnu0)

Offertory – Lord Jesus Christ [www.youtube.com/watch?v=nKhnO\\_VFFa0](https://www.youtube.com/watch?v=nKhnO_VFFa0)

Communion – In the Lord is my joy [www.youtube.com/watch?v=nkT3JWksYng](https://www.youtube.com/watch?v=nkT3JWksYng)

Communion – The power of your love [www.youtube.com/watch?v=H9\\_0jiO5ZRM](https://www.youtube.com/watch?v=H9_0jiO5ZRM)

Recessional – Will you come and follow me? [www.youtube.com/watch?v=6FasN8fukrs](https://www.youtube.com/watch?v=6FasN8fukrs)

## Amare Memoriae

We pray for the rest and peace of the soul of Margaret Bush, Brian Carolan and Evelyn Poole who have died recently. Please remember their families and friends at this difficult time.

## News from St. Peter's School

Richard Cunningham, Headteacher, writes... Whilst the Church is now in ordinary time, at St Peter's that means a return to our usual routines of worship in school. This week, pupils in Year 2 shared a celebration of the Word with their families, whilst pupils in Year 6 Penguin Class celebrated the sacrament of reconciliation. The liturgical year has its cyclical motion, with times of great activity and times of regularity. At St Peter's, we work hard through weekly whole school Celebration of the Word, daily classroom prayers, and scheduled year group services to ensure that our faith is nurtured, encouraged and strengthened throughout the full school year. With this in mind, please keep the pupils, families and staff of St Peter's Catholic Primary School in your prayers during 2026.

## Your Support is Needed!

Maureen Graham writes... We need to turn our attention in the coming weeks to the Discrimination of Abortion. As you may be aware, MP's passed an Amendment to the Crime and Police Bill. The Bill is now at committee stage where Peers can suggest amendments. The date for Amendments is set for Tuesday 27 January but another date has been allocated: Monday 2 February. Please write to the House of Lords and ask them to fight the extreme abortion up-to-birth amendment. Let us all do what we can to protect life in 2026!

## Important message regarding Pre-loved Clothing & Toys

Please do not bring in any clothing, bedding, toys and bric-a-brac etc. Our storage container is currently at full capacity. We do not need any bric-a-brac items, we cannot sell these. Also, please do not bring in electrical items. To sell these on to the public a PAT test needs to be carried out and this costs money. Please take your donations to a local charity shop, there are many around. As and when Nina and her team require more stock for the Clothes Sales, we will announce it in the newsletter.



## Mass for the Sick

St Edmund, Horndean, would like to extend a warm welcome to everyone in Jesus Prince of Peace Parish for a special Mass with the Sacrament of the Sick on Saturday 7 February @ 12noon. Lunch in the hall afterwards and for catering reasons please email Sue on [office@waterlooville.catholic.org.uk](mailto:office@waterlooville.catholic.org.uk) if you wish to attend. They will be collecting donations which go towards the cost of the lunch, and any money left over at the end of the year goes to charities like CAFOD, Stella Maris and Aid to the Church in Need.

## Pre-loved Clothes Sale

The first Sale of 2026 will be on **Saturday 7 February from 2-4pm** in the parish centre of the Sacred Heart Church. Clothing for everyone; women, men, children and infants.

Pay whatever you can afford! These sales are never intended for fundraising, any donations received go to our 'Care in the Community' fund, which helps local families and people in need.

## The Biblical Timeline Course

John McCormack writes... The Biblical timeline course will start Monday the 16th of February at 6:45. Learn how the Bible Testaments fit together beautifully, allowing prophecy and fact to link together giving us the bedrock of our faith.

## Volunteers Meal

John McCormack writes... Our annual Volunteers Thank You meal will be on the 28th of February starting at 7pm, straight after Saturday evening Mass. If you freely give your time to any event to support the parish, from singing in the choir, cleaning the church, maintaining our beautiful gardens, counting the coins, in fact any supportive role for the life of our church then you are invited. Please email [johnmcc-2010@hotmail.co.uk](mailto:johnmcc-2010@hotmail.co.uk) so we have an idea of numbers.

"COME TO ME, ALL YOU WHO ARE WEARY AND BURDENED,  
AND I WILL GIVE YOU REST."  
(MATTHEW 11:28)

# HEALING Mass & Prayer

**Saturday, 31st January 2026**

→ 11:30 - Adoration & Confession

→ 12:00 - Holy Mass

Prayer for healing after Mass

Celebrated by:

Fr. Tom Hiney, Fr. Joe with prayer teams from Havant & Waterlooville

ST MICHAEL & ALL ANGELS RC CHURCH, 437 DUNSBURY WAY  
LEIGH PARK, HAVANT PO9 5BD

# Contact Us...

## Administrative Lead:

Susan Siou  
[office@waterlooville-catholic.org.uk](mailto:office@waterlooville-catholic.org.uk)  
023 9226 2289  
*Monday 10am-12noon*  
*Tuesday-Thursday 10am- 1pm*

## Sacred Heart Mass Intentions & Housekeeping:

Lisa Wingrove-Cross  
[Intentions@waterlooville-catholic.org.uk](mailto:Intentions@waterlooville-catholic.org.uk)  
[housekeeping@waterlooville-catholic.org.uk](mailto:housekeeping@waterlooville-catholic.org.uk)  
023 9226 2289  
*Monday 10am-3pm*  
*Tuesday & Thursday 10am-4pm*

## Sacred Heart Parish Centre Coordinator:

Angela McLaughlin  
[parishcentre@waterlooville-catholic.org.uk](mailto:parishcentre@waterlooville-catholic.org.uk)  
023 9226 2289  
*Monday-Friday 10am-12noon*

## Sacred Heart Accounting & Gift Aid:

Yvonne Hands  
[accounts@waterlooville-catholic.org.uk](mailto:accounts@waterlooville-catholic.org.uk)

## Sacred Heart EMHC Coordinator:

Joy Hastilow  
[emhc@portsmouthdiocese.org.uk](mailto:emhc@portsmouthdiocese.org.uk)

## Sacred Heart Safeguarding Representative:

Liz Holford  
[safeguarding@waterlooville-catholic.org.uk](mailto:safeguarding@waterlooville-catholic.org.uk)

## Sacred Heart Altar Servers:

Jim Hordell  
[altarservers@waterlooville-catholic.org.uk](mailto:altarservers@waterlooville-catholic.org.uk)

## Alpha:

[alpha@waterlooville-catholic.org.uk](mailto:alpha@waterlooville-catholic.org.uk)

## Youth Alpha/Confirmation:

[confirmation@jesusprinceofpeace.org.uk](mailto:confirmation@jesusprinceofpeace.org.uk)

## Sacred Heart GDPR Representative:

Pam Hales  
[gdpr@waterlooville-catholic.org.uk](mailto:gdpr@waterlooville-catholic.org.uk)

## Care in the Community Including Christmas Fair, Toy & Clothes Sales:

Nina McCormack  
[careinthecommunity@waterlooville-catholic.org.uk](mailto:careinthecommunity@waterlooville-catholic.org.uk)

## Administrator & hall bookings:

Yvonne Hands  
[office@stedmundhorndean.org.uk](mailto:office@stedmundhorndean.org.uk)  
023 9226 2289  
*Monday 11.30am-2.30pm*  
*Thursday 11.15am-2.45pm*  
*Friday 11am-2.30pm*

## St Edmund Mass Intentions:

Joanne Webb  
[intentions@stedmundhorndean.org.uk](mailto:intentions@stedmundhorndean.org.uk)  
07552 235666

## St Edmund EMHC Coordinator:

Silverius Sittampalam  
[ministry@stedmundhorndean.org.uk](mailto:ministry@stedmundhorndean.org.uk)  
023 9226 1511

## St Edmund Safeguarding Representative:

Michael White  
[safeguarding@stedmundhorndean.org.uk](mailto:safeguarding@stedmundhorndean.org.uk)

## St Edmund Gift Aid Organiser:

Niall Lawless  
[ga@stedmundhorndean.org.uk](mailto:ga@stedmundhorndean.org.uk)

## St Edmund Visiting Group:

Margaret Whyte  
023 9259 7826



# JESUS PRINCE OF PEACE



## Sacred Heart & St Peter the Apostle

356 London Road, Waterlooville PO7 7SR  
Fr. James Lewis  
Administrative Lead: Susan Siou  
023 9226 2289  
[office@waterlooville-catholic.org.uk](mailto:office@waterlooville-catholic.org.uk)



## St Edmund

Napier Road, Horndean PO8 9LR  
Fr. James Lewis  
Parish Administrator: Yvonne Hands  
023 9226 2289  
[office@stedmundhorndean.org.uk](mailto:office@stedmundhorndean.org.uk)



## St Michael & All Angels

437 Dunsbury Way, Leigh Park PO9 5BD  
Fr. James Lewis  
Parish Secretary: Ellen McCarthy  
023 9248 4323  
[office@stmichaelsleighpark.org.uk](mailto:office@stmichaelsleighpark.org.uk)



## St Joseph

134 West St, Havant PO9 1PL  
Fr. Joe Gruszkiewicz  
Office & Hall Bookings: Vicky McGuigan  
023 9248 4520  
[office@rchavant.com](mailto:office@rchavant.com)



## Ss Thomas

24 New Brighton Road, Emsworth PO10 7PS  
Fr. Joe Gruszkiewicz  
Parish Administrator: Vicky McGuigan  
023 9248 4520  
[office@rchavant.com](mailto:office@rchavant.com)



## St Patrick

Manor Road, Hayling Island PO11 0QU  
Fr. Mark Whiting  
Parish Administrator: Vicky McGuigan  
023 9246 3854  
[haylingisland@portsmouthdiocese.org.uk](mailto:haylingisland@portsmouthdiocese.org.uk)



## St Colman with St. Paul

St Colman Ave, Cosham PO6 2JJ  
Fr. Andrew Wagstaff  
Parish Administrator: Zia Collins  
023 9237 6151  
[scsp@portsmouthdiocese.org.uk](mailto:scsp@portsmouthdiocese.org.uk)



## Our Lady of the Nativity & St. Paul, Syro Malabar Catholic Church

Allaway Avenue, Paulsgrove PO6 4DJ  
Fr. John Pulinthanath  
07880 321694  
[olonandstpaul@csmegb.net](mailto:olonandstpaul@csmegb.net)



## Oaklands Catholic School & Sixth Form College

Stakes Hill Road, Waterlooville PO7 7BW  
023 9225 9214  
[www.oaklandscatholicschool.org](http://www.oaklandscatholicschool.org)  
Executive Headteacher:  
Richard Cunningham

## St. Peter's Primary School

Stakes Hill Road, Waterlooville PO7 7BP  
023 9226 2599  
[www.stpeterswaterlooville.co.uk](http://www.stpeterswaterlooville.co.uk)  
Executive Headteacher:  
Richard Cunningham



## St. Thomas More's Primary School

Hooks Lane, Bedhampton, Havant PO9 3DR  
023 9247 5909  
[www.st-thomasmores.hants.sch.uk](http://www.st-thomasmores.hants.sch.uk)  
Head Jeff Sendall



## St. Paul's Primary School

Bourne Road, Paulsgrove, Portsmouth PO6 4JD  
023 9237 5488  
[www.st-pauls.portsmouth.sch.uk](http://www.st-pauls.portsmouth.sch.uk)  
Head: Zoe Killick



## Portsmouth Hospitals University NHS Trust

Queen Alexandra Hospital  
Southwick Hill Road, Portsmouth PO6 3LY  
023 9228 6000  
[www.porthosp.nhs.uk](http://www.porthosp.nhs.uk)

## Rowans Hospice

Purbrook Heath Road, Waterlooville PO7 5RU  
023 9225 0001  
[www.rowanshospice.co.uk](http://www.rowanshospice.co.uk)